



RULES

**Amateur Boxing Alliance
(England) CIC**

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GLOSSARY OF ACRONYMS

AM - PRO - Amateur / Professional.

BBB of C - British Boxing Board of Control DBS -

Disclosure & Barring Service FTB - Fit to Box.

ID - Identity.

KD - Knock Down.

KD(H) - Knock Down due to head blows.

KO - Knock Out.

MC - Master of Ceremonies.

ME3 - Boxers' Medical Record & Competition Book.

MO - Medical Officer.

MOA - Medical Officer's Assistant.

OIC - Official in Charge.

R & J - Referees and Judges.

RSC - Referee Stopped Contest.

RSC(H) - Referee Stopped Contest due to head blows.

T & R - Technical & Rules Committee TM -

Team Manager

Where appropriate, the use of the male gender also implies the female gender.

AMATEUR STATUS

All Members of Clubs must be Amateurs in accordance with the Amateur Boxing Alliance (England) CIC (Alliance) definitions below:

1. An Amateur is a person who:

(a) Does not compete for money, staked a bet or declared wager except for an approved Trust Fund or sponsorship, and

(b) Does not, save with the written consent of the Alliance, compete or spar with or against a professional boxer and is not concerned or involved in the

administration of, or officiating at, a professional contest or professional exhibition or a tournament not authorised by the Alliance or relevant Affiliated Association.

(c) Holds no current licences issued by the Boxing Board of Control (BBB of C).

2. A bonafide amateur employed as a Physical Training Instructor, Physical Education Teacher or Leisure/ Sports Development Officer will retain Amateur status.

3. Any Boxer who accepts money or other benefits either directly or indirectly from an approved Trust Fund or Sponsor will not forfeit his Amateur status.

4. The Alliance Board of Directors must approve Trust Funds and Sponsors

5. The award of the Trust Fund and Sponsorship monies must be declared in advance.

6. The Alliance Board of Directors reserve the right to limit benefits and to specify the type of benefit, which Boxers and or Officials may receive.

AM - PRO CLUBS

1. The Alliance will allow dual role Amateur /Professional Clubs to affiliate annually to the Alliance. Providing that: -

(a) The appropriate fee is paid,

(b) Separate training days and/or times are provided for Amateur Coaching/Sparring and Professional Coaching/Sparring²

2. The Alliance insurance policy does not cover Professional Coaching/Sparring and related activities. Separate cover must be sought from another body i.e. the BBB of C.

BREACH OF ALLIANCE RULES

The breaking of **ALLIANCE** Rules and Regulations by any Boxer, Second or Official shall render him liable to disqualification or suspension.

REGULATIONS FOR TOURNAMENTS

General

No tournament shall be permitted to take place without the presence, for the duration of the tournament of: -

- (a) A qualified and registered Official in Charge (OIC),
- (b) A qualified and registered Referee,
- (c) A Medical Officer (MO), who shall be a fully registered Doctor of Medicine.
See page 13.
- (d) Resuscitation equipment and qualified operator(s). See page 13.

1 Only the **ALLIANCE** and Affiliated Regional Associations shall have the power to authorise the holding of boxing tournaments in their area, except for tournaments on premises where there is no general public access. e.g. police premises, prisons and service barracks etc.

where the hosting Service Association shall be responsible for providing the permission for the tournament.

2. Only the **ALLIANCE** Board of Director shall grant permission for the televising of a tournament or part thereof. When the tournament is being held under the auspices of a Regional or Affiliated Association, permission will only be granted on the recommendation of that Regional Association, which shall inform the **ALLIANCE** of the proposed date, venue, duration of televised period and fee payable in respect of such a tournament or part thereof. This falls within the jurisdiction of the **ALLIANCE** or its Regional or Affiliated Associations

3. Any Club/Division/Association wishing to stage a tournament must first ensure that the Licensing Act 2003, licenses the venue for boxing. The Division /Association must also inspect the venue to ascertain there are adequate facilities for a tournament.

4. No **ALLIANCE** registered boxer is allowed to be involved at any level at any unlicensed tournament (e.g. white collar/ celebrity boxing events). If this rule is breached he will render himself liable to **ALLIANCE** disciplinary procedures.

5. When any other approved Association wishes to stage an amateur boxing tournament, open to the public, it shall first seek the approval of the host Association in order to avoid the clashing of tournament dates. In the event of conflicting dates the host Association will take precedence. In the event of the Regional Association withholding permission, the **ALLIANCE** can be asked to adjudicate.

6. Any tournament held without the prior approval of the Regional Association in whose area the same is held shall, for all the purpose of the Articles and Rules & Regulations of the **ALLIANCE**, be deemed an unauthorised tournament. Granting approval does not carry the right to a permit fee unless the host Association is requested to provide Officials and/or other support. A fee shall be paid to the appropriate Regional Association/Division for all tournaments when the application is made. The application should be made at least 28 days prior to the tournament.

An **ALLIANCE** permit must be issued for all tournaments by the appropriate Association / Division / Service. Permits for club shows shall not be issued until an application form/fee is received by the relevant Association.

No member shall host an event as a WBC event without permission of the Alliance.

All International Bouts shall be approved by the Alliance. No participation in an International tournament shall take place without the written consent of the Alliance.

This must be clearly displayed at the venue during the tournament.

7. Licensed photographers shall be allowed at the ringside at tournaments subject to the **ALLIANCE** Child Protection Policy and Procedures and where there are no boxers under 18 years of age, at the discretion of the OIC.

9. Introductions, speeches, collections, auctions and raffles etc. may only be allowed subject to permission of the OIC.

10. At all tournaments, there shall be a programme of bouts, which shall include :-

- (a) the names of the boxers and their clubs,
- (b) the name and address of the organising secretary, (c) the name of the Official in Charge.

11. The programme, judges score papers, and a record sheet with full details of the bouts with the names of referees, judges and timekeepers shall be sent to the Regional Association Secretary within 3 days of the tournament. A copy of the record sheet, Medical Officer's Assistant (MOA) report form and the Medical Record Book (ME3) of any suspended boxer must also be sent to the Regional Association Medical Registrar within 3 days of the tournament.

12. No boxer may compete at a tournament without presenting a valid ME3 at the weigh-in. A registered coach or club competition secretary shall be permitted to look at his boxer's opponent's ME3 before agreeing to a match

(except in Championships).

3-DAY RULE

15. From the day of the contest three clear days must have elapsed before boxing again (e.g. if a boxer boxes on Monday he cannot box until Friday). During specific Championships and Internationals the three-day rule will not apply, but a boxer shall not compete in different Championships within 3 clear days.

16. A Boxer shall **NOT** be debarred from entering or competing in an ALLIANCE Championship because of the 3 - day rule if he has boxed for or needs to box internationally.

17. **At no time shall a boxer have more than 2 bouts in 2 consecutive days.**

18. **ALLIANCE** Coaches and Officials cannot be active with the **ALLIANCE** until their names appear on the **ALLIANCE** Disclosure & Barring Service (DBS) list and **ALLIANCE'S** Medical Registrar's Database. Associate Members and Volunteers who wish to be active in an Amateur Boxing Club are also subject to the same conditions. Coaches and Officials **MUST** carry their **ALLIANCE** Identity (ID) badges and/or registration books when they attend tournaments as proof of the conditions laid out in the previous paragraph. Valid ID badges must be displayed throughout the tournament. Failure to do so will allow the OIC to prevent the individual concerned from performing his duties at the tournament. **This is a condition of insurance.**
19. Suitable dressing room accommodation must be provided for competitors and officials at all tournaments. Whenever possible Separate dressing rooms should be provided for appointed Officials. Separate dressing rooms must be provided for female competitors and Officials. No unauthorised persons are permitted in the dressing rooms unless authorised by the OIC. The only authorised people being boxers, coaches, MOs, medical personnel and appointed officials. Suitable arrangements should be made for female coaches with male boxers and for male coaches who have female boxers. **Female boxers must be afforded the privacy of a separate weigh in and medical to male boxers. In line with the ALLIANCE Child Protection Policy, no photographic equipment is allowed in boxers changing rooms.**
20. Officials and Clubs travel expenses will be based on public transport fares and **ALLIANCE** approved mileage rates. **(See page 79).**
21. At all tournaments, participating Officials, Coaches and Boxers must be provided with adequate food and drink.
22. At all tournaments, competing boxers shall receive a prize.
23. In boxing contests, the 0 - 0 system must be used, with the manual scoring counters. The Judge will transfer the score for each round onto his score sheet. At the end of the bout that has gone the scheduled distance, the judge shall total his scores for each round and enter on the score sheet the final score. The

name of the winner shall be circled. He will hand his completed score sheet to the Referee.

24. With the exception of the appointed MO(s) and paramedics, All mobile phones at ringside shall be switched off.
25. It is the responsibility of those staging the tournament to provide an MO, a competent Master of Ceremonies (MC) a Recorder and all necessary Stewards and Security Staff.
26. For all Championship events, the organisers must provide bandage inspectors, glovers up and whips.
27. With the permission from the OIC, Coaches who are also qualified Officials, can be allowed to act in both roles at the same tournament.

Legal Substances/Drug Abuse

28. As set out within the ALLIANCE Doping Control Policy.

Medical Controls

29. As set out in the Medical Aspects of Boxing.
30. The nearest National Health Service Accident & Emergency Unit, together with the responsible Ambulance Station, must be informed of the full address, date and time of the tournament.

Weigh-In

1. At all tournaments a weigh-in will take place on the day of competition and shall be overseen by the OIC. If the OIC is delayed, he may nominate a qualified Official (OIC, Referee, Judge) to start the weigh in.

2. A boxer must present himself at the weigh in with a valid ME3, which must clearly state the classification of the boxer and display the expiry date of his medical examination period
3. No boxer will be allowed to take part in a contest where the weight differential is greater than that allowed in his Championship weight category (see pages 73 - 78). Male boxers under the age of 18 must wear shorts or underpants when weighing in.
4. Senior male boxers can wear shorts or underpants when weighing in but may weigh in stripped if they so wish. Before boxers are allowed to weigh in stripped, authorised females shall leave the weigh in room.
5. Female boxers must be chaperoned and shall wear shorts and singlet top when weighing in. The only people allowed in the weighing in room at this stage will be the OIC, Coach/Chaperone and MO.
6. Scales for Internationals shall have a valid certificate of calibration issued within 72 hours prior to the weigh in.
7. Electronic digital scales shall have a valid certificate of calibration issued annually. Calibration certificates shall be clearly displayed at the weigh in.

Tournament Medical Officer (MO)

A tournament MO shall be a fully registered Doctor of Medicine and shall be in attendance throughout all tournaments. Should he be called away at any time the tournament must be suspended during his absence. The MO has to confirm at the time of appointment that he is equipped for, and is competent and confident in, airway resuscitation, and is prepared to officiate without paramedical assistance, otherwise a person or team so equipped and qualified must also be in attendance. No tournament shall commence without the resuscitation equipment being positioned at the ringside.

Medical Scheme

1. A qualified MO must examine intending competitors. The MO must sign the ME3 and enter 'fit to box'. No competitor shall be permitted to box unless certified by a MO as being fit to do so. If the MO fails to pass a boxer, he must sign the ME3, enter 'unfit to box', and enter the reason.
2. Any boxer who has been debarred from boxing on medical grounds shall not compete until passed fit to do so by an MO nominated by his Regional Association/Division
3. No boxer shall be allowed to take part in a contest if he wears any dressing on a cut, wound, laceration or blood swelling on his scalp or face, including the nose and ears or other open area of skin on the arms or trunk.
4. A boxer must present to the MO for inspection, a properly fitting gum shield. **Red gum shields are not allowed, nor any that contain the colour RED.**
5. If a boxer wears orthodontist braces, it is the preferred option that they present a letter from the Orthodontist confirming that they are permitted to box. If the Orthodontist will not provide a letter then a parent or guardian must complete an **ALLIANCE** waiver form.
6. A boxer who has not competed or not taken part in a skills bout for 12 months shall have a re-medical. A deviation from this rule may be applied, if during the 12 month period, a boxer's ME3 confirms that he has been active, by the FTB entry and MO's signature from a pre- bout medical. This deviation can only be applied once
7. Solely at the MO's discretion, a boxer's 3-year or 1 year medical or remedical can be carried out at a tournament and are valid at that particular tournament. This will only apply if the Boxer is already registered to Box for that season. The Medical form and card are to be handed to the OIC to be forwarded to the relevant Registrar.

8. A Female Boxer must sign the Declaration Form provided by the **ALLIANCE**, stating that she is not pregnant, before being allowed to box. In the case of a Female Junior the boxer's parent or guardian must also sign the declaration.

9. If the MO is male, a female chaperone must be in attendance whilst female boxers are being medically examined.

Skills Bouts

1. Only boxers over 10 years and under the age of 14 years may participate in skills bouts. Boxers shall be of the same sex and shall not concede more than 12 months in age. 10 and 11 year olds shall not concede more than 2 Kgs in weight. 12 to 15 year olds shall only be allowed to concede weight in accordance with their category of Championships.

2. Skills bouts are for the development of a boxer and enable him to bridge the gap between gym work and competitive boxing. Aggression and heavy punching are to be discouraged. The referee and boxers' coaches must ensure this aspect is strictly adhered to.

3. When announcing the bout the MC will make clear its purpose. The referee will conduct the bout in a similar manner to a competitive contest. The judges will not score the bout and no decision will be announced. The conditions with regard to weight, age and experience will apply equally to skills bouts as they do in competitive junior contests.

4. Boxers taking part in skills bouts must have a valid ME3 and be passed fit by the MO at the pre bout medical. Details of skills bouts must be entered in the ME3, but they will not count towards the minimum number of contests for eligibility to enter Championships.

5. All boxers under Skills Bouts item 1 shall only be allowed to take part in a maximum of 10 skills bouts.

6. Skills bouts are contested over 3 x 1 minute rounds with a 1minute interval.
7. No more than 4 skills bouts are allowed at any tournament unless the tournament has been arranged and advertised specifically for the purpose of demonstrating Skills Bouts.
8. All skills bouts should take place before any competitive bouts.
9. Coaches must conduct skills bouts in accordance with the Coaching Manual.
10. A boxer may not revert to a skills bout after taking part in bout a full contest.
11. NO exhibition bouts are permitted at any tournament.a competition

BOXING AGAINST OTHER NATIONALS

General

1. Where more than one match takes place each boxer must weigh-in before each contest unless previously agreed to the contrary.
2. Only in Inter-club Multi-National Tournaments is a boxer permitted to box on 2 consecutive days.
3. A copy of the programme with a report of the results of the tournament shall be submitted to the **ALLIANCE** within one month of the event.
4. Boxers taking part in these tournaments cannot be described otherthan as members of their Club or Association.
5. Permission can only be granted to Associations or directly affiliated Clubs.

Clubs or Associations Boxing Abroad

1. No Affiliated Association, club or member of an affiliated Club may compete or officiate, or travel to compete or officiate, outside the area controlled by the **ALLIANCE** without prior sanction of the **ALLIANCE**, which must be obtained at least 14 days prior to the tournament. This does not apply to Scotland and Wales where permission is not required.
2. In the case of a Division /Club, sanction must be sought through the Regional Association Secretary who must receive a full list of all persons travelling abroad.
3. Consent of the **ALLIANCE** will be subject to the following conditions:
 - (a) The inviting Association or Club is a member of an Association affiliated to a recognised organisation.
 - (b) The inviting Association or Club has the approval of its own governing body, which shall be communicated directly to the **ALLIANCE**.
 - (c) Where a team is invited this shall consist of at least one third of the members of the invited Club.
 - (d) The match or contest shall not be styled as International.
 - (e) Adequate personal accident insurance of all members of the team has been arranged. In the case of a Division / Club a copy of the insurance certificate must be sent to the Regional Secretary at least 3 days before travel.
4. The application to the **ALLIANCE** must be made on the proper form and give the following information:-
 - (a) Date and venue of the proposed match/ tournament.
 - (b) Names and Clubs of all the members in the party.
 - (c) Number of contests arranged for each member of the team.
 - (d) Probable duration of the visit.

(e) Details of other personal accident insurance in addition to cover provided by the **ALLIANCE**.

5. The **ALLIANCE** may, if it so wishes, impose conditions on the travelling club, boxer or official when authorising the application.

6. The application must include the name and signature of the person who is responsible for the matchmaking and the care, welfare and protection of all members of the team

7. Any Rules existing in the country being visited which conflict with the rules of the **ALLIANCE** must be made known to the **ALLIANCE** and the parent Association of the travelling Club, at the time that permission is applied for.

8. Individual boxer's results must be forwarded to the **ALLIANCE** office within 72 hours of the match. Where required, a statement giving full details of the visit with expenses involved and any other information required must be submitted to the **ALLIANCE** within six weeks of the match or tournament.

9. It is the responsibility of the Team Manager (TM) or person in charge to ensure that the boxer's ME3 is marked up in all details. This condition also applies when boxing in Scotland and Wales.

Other Nationals boxing against Clubs or Associations in England

1. Associations and Affiliated Clubs must obtain the approval of the **ALLIANCE** before formally inviting boxers or teams from any Club or Association affiliated to any other National Boxing Association to box in England. The approval has to be granted 14 days prior to the date of the tournament. This condition does not apply to Scotland and Wales. The authority to invite teams from Ireland rests with the appropriate Regional Association Secretary.

2. The **ALLIANCE** approval will be subject to the following conditions:

- (a) The invited boxers are members of an Association affiliated to a recognised organisation.
- (b) The Association of the invited boxers gives its consent direct to the **ALLIANCE**
- (c) The **ALLIANCE** is satisfied that the inviting Association or Club is financially able to bear the cost of the visiting boxers.
- (d) The match or contest must not be styled 'International'.

International Matches

1. Only matches controlled by and teams selected by each governing body represented can be styled as International.
2. For Home Internationals, the **ALLIANCE** may appoint a neutral judge to act with the **ALLIANCE** appointed judges and the judges from the other competing country.
3. A boxer may not represent the **ALLIANCE** in an International Match unless he is the holder of a British Passport.
4. At all tournaments the Team Manager or person in charge will ensure that all boxers' International Medical Record Cards and ME3's are marked up in all details (details of all injuries to be reported to the **ALLIANCE**).
5. The respective Regional Association Secretary must be informed of the names of all selected boxers.
6. At all home based international tournaments the coach of a boxer representing England shall be given the opportunity to work in the corner along with the appointed **ALLIANCE** coach

TOURNAMENT OFFICIALS

General

1. Officials qualified by the **ALLIANCE** are graded as follows:

(a) 1, 2 or 3 Star - World Panel. **(b)**

Grade A - England Panel **(c)** Grade B

- Regional Panel.

(d) Grade C - Divisional Panel.

2. The **ALLIANCE** (T&R) shall compile and maintain a panel of registered Grade A OIC's, Referees, Judges, Jury, Timekeepers, MC's and Computer Technicians for Championship and International Tournaments. Only those on this panel shall be eligible to act in the capacity of OIC, Referee, Judge, Jury, Timekeeper, MC and Computer Technician at International Tournaments or in Championships Semi Finals and Finals.

3. An OIC, Referees, Judges, Medical Officer's Assistant (MOA), Recorder and Timekeeper, shall be appointed by the Regional Association /Division for all tournaments. For National Semi-Finals, National Finals of all Championships and Home Internationals, the **ALLIANCE** (T&R) will appoint Grade A OIC's, Referees, Judges, Jury, Timekeepers, MC and Computer Technicians.

4. At all National Semi - Finals and Finals one judge from 5 different Associations and one referee from another Association should be used, whenever possible.

5. Where neutral Referees, Judges and Timekeepers are authorised for annual Championships and Internationals, the **ALLIANCE** (T&R) shall appoint them.

6. All Officials listed within paragraph 1 shall be, where appropriate

- (a) In possession of a current DBS certificate issued through the **ALLIANCES's** umbrella body and appear cleared on the appropriate Association DBS Schedule.
 - (b) In possession of a valid Identity (ID) badge and an Official's book bearing a likeness photograph and the current seasons registration stamp. The book must be carried at all times when on duty and presented to the OIC upon request. ID badges and lanyards shall be displayed throughout the tournament. For insurance whilst on duty, he must also be registered on the **ALLIANCE** National Database for the current season
 - (c) Qualified by examinations set by the **ALLIANCE** (T&R).
 - (d) On the appropriate Association's list of qualified Officials.
 - (e) At least 17 years of age.
 - (f) Invited to attend a Tournament Officials Seminar every 3 years. (g) Re-assessed by written, oral and practical examination, if inactive for 2 or more years, before being allowed to resume his duties.
7. A judge/referee must have served for at least 2 years before being allowed to take the grade C OIC examination.
8. Each Regional Association shall compile a panel of Grade A /Grade B/Grade C registered OIC's, Referees, Judges, Jury, Timekeepers and MC's who must be qualified by examination. All Officials must be members of a Club or other affiliated Association. Only Officials from this list will be authorised to officiate at preliminary, Association, pre¼ Finals and ¼ Final rounds of all Championships and representative matches, with the exception of Grade C officials, who should not be used for Championship events.
9. Any Grade C OIC, Referee, Judge, Timekeeper or MC that has been active in that capacity may be nominated for upgrading to grade B by his Division. Any grade B official, who has been active in that capacity, may be nominated for up grading to Grade A by his Association.

10. Associations may nominate tutors and examiners who shall be approved by the **ALLIANCE** (T&R). Only those approved shall be allowed to tutor or conduct examinations. Regional Associations shall be allowed to nominate up to 4 examiners.

11. Tutors shall not conduct examinations, nor mark the examination papers of those he has tutored. For examinations up to grade B, an approved regional examiner will be present. He shall collect the completed papers, mark them and pass them on to a second regional examiner for marking. A third examiner may be asked to mark papers if the original examiners disagree. The top copy of all successful candidates' examination papers, clearly showing the pass mark achieved, shall then be sent to the **ALLIANCE** (T&R) for verification. Associations may inform candidates of the results of Grade B written examinations.

12. For grade A examinations, the regional examiner shall send completed papers to the **ALLIANCE** (T&R) for marking. The **ALLIANCE** (T&R) shall notify candidates of the results.

13. All newly qualified judges must sit in at a tournament and judge a minimum of 10 bouts alongside the appointed judges. His scorecards must be sent in with tournament papers in the normal way. His probationary bouts shall be verified at a tournament by an

Official in Charge

Referee or Judge, qualified to Grade A, or above. His Association Secretary will inform him when he is competent enough to be appointed.

14. A newly qualified referee will be assessed at a tournament by a Grade A referee, where possible, from his Association. He shall not referee on tournaments until the **ALLIANCE** (T&R) has confirmed his competency in writing.

15. Grade B & A referees shall be practically assessed by a member of the **ALLIANCE** (T&R) or a person appointed by it. He will be informed by the T & R of the results of his assessment.

16. Provided the **ALLIANCE** guidelines are followed with regard to the procedure to be adopted when an Official's performance is below standard, the **ALLIANCE** (T&R) shall have power to remove any Official from the Officials list. Upon this act being taken, both the Official concerned and if nominated for the panel by an Association, his parent Association shall be notified of the reason or reasons for the action taken. He shall have the right of appeal for a reconsideration of his case, either directly or through his parent Association.

17. A person 15/16 years of age, may qualify as an **ALLIANCE** grade C judge and timekeeper, but until the age of 17 years, he may only be allowed to Officiate at junior tournaments as a recorder and /or MOA.

The Official in Charge (OIC):

The duties of an OIC are to:

1. Regulate the programme, after consultation with the club Secretary, to see that the Rules of the **ALLIANCE** are complied with.
2. Ascertain that the tournament ring and equipment thereof comply with the Rules.
3. Ensure that a qualified MO has been appointed and has resuscitation equipment with him at ringside during boxing.
4. If the MO does not carry out resuscitation himself, ensure that trained resuscitation personnel and equipment are present before allowing boxing to commence.
5. See that the competitors comply with the Rules as to attire.
6. Nominate, where appropriate, one of the Referees or Judges to be responsible for a duty rota for the officiating Referees and Judges.
7. Ensure that a competent MC has been appointed.

8. Ensure that all persons who officiate at any tournament do not consume alcoholic drinks until their period of duty is completed. This rule also applies to coaches.
9. Report to the appropriate Association any serious breach of the Rules and any injury to a boxer considered serious, or any unsatisfactory conduct occurring at a tournament, or any incorrectness of the programme.
10. Report to the appropriate Association (if necessary) on the accommodation provided for competitors and officials.
11. Forward to the appropriate Association within three days of the conclusion of a tournament, a copy of the printed programme together with his report, the appropriate scoring papers, referee's report, Record Sheet, MOA's Report Form and the ME3 of any boxer suspended at the tournament after his bout
12. Deal with any events arising in connection with the tournament not provided for and use his discretion on any matter not covered by this rulebook.
13. Have overall responsibility to see that the Medical Scheme is administered at the tournament. In this, his main duties are delegated to the MOA, who should have extensive knowledge of the Medical Scheme, so that the OIC can trust him completely to carry out his duties as defined in the Medical Aspects of Boxing. This includes his responsibility for ensuring that the correct equipment is available and in a satisfactory condition, that boxers wear the necessary protective items of dress, and that all tournament Officials and Coaches are DBS cleared, qualified, registered for the current season and in possession of their registration book. Ensure that all carry out their duties to the highest possible standard. The latter is particularly important with respect to the standard of refereeing, in which the OIC has the authority (and the responsibility) to advise or report to the Division/Association Secretary any referee who is not adequately protecting the boxer.
14. Ensure that regulations regarding the matching of boxers are rigidly adhered to.

15. Be totally familiar with the rules and regulations of the sport and apply them impartially. In cases where he must use his discretion and judgement, he must always decide on the course of action that will be **SAFEST** for the boxers. A good OIC will carry the respect of all concerned and the public will see the sport to be competently and safely administered.

16. Watch for infringements of the Rules during a tournament and to caution any offender. In the event of any further offence being committed by that person, to remove him from the ringside. The matter will be entered on the OIC's Report Form.

17. Be aware of the types of Knock Out (KO) from head blows KO(H) :Class 1 - immediate recovery.
Class 2 - recovery within 2 minutes. Class 3 - recovery over 2 minutes.

18. Bring to the attention of the MO, either directly or through the MOA the fact that a boxer may have sustained an injury.

19. Retain the ME3, pending medical advice of any boxer, who has received an injury or a large number of blows to the head. The ME3, together with the Tournament Record Sheet and the MOA's report form, must be sent to the Association Medical Registrar within 3 days of the tournament taking place. If a boxer receives a suspension from boxing or sparring, because of a KO, KO(H) or RSC(H), the OIC must retain his ME3 and return it to the boxer's Association Medical Registrar for holding until the boxer is eligible to box again.

20. Observe or be informed of anything that has a bearing on the medical fitness of a boxer. The OIC must inform the MO and the Association Medical Registrar of this. The Registrar will then take the necessary action.

21. Accept the decisions of the MO regarding injury or illness of a boxer. If the situation appears to be at all serious, as in the case of a Class 3 KO(H), the contestant **MUST** be conveyed to the nearest Accident and Emergency (A&E)

hospital, by ambulance if necessary, accompanied by a responsible person. The OIC should

send with them the approved form C, completed by the MO, addressed to the Casualty Officer on duty, giving the Boxer's name, home address and telephone number if known, the venue, the nature of the illness or injury and any other relevant information. In cases of KO (H) or RSC(H), an indication of the number and severity of blows and the length of period of unconsciousness or amnesia (loss of memory), is important. For a Class 2 KO(H) or RSC(H), Form B must be completed and handed to the boxer with the instructions to consult his own Doctor within 24 hours.

22. Ensure that any boxer who suffers from concussion or amnesia after a boxing contest is sent to hospital for examination with the approved form C. If the OIC is in any doubt he must take this action immediately. No hospital will mind referrals if there is cause for concern. It is however, negligent not to refer a boxer who has a serious or potentially serious condition.

23. Ensure that an injured boxer is accompanied to his home if the MO advises this. In such cases, the boxer's coach, a Club Official or member of his family should be informed that if symptoms persist, he should seek urgent medical attention or be taken to hospital. If he has suffered a Class 1 KO or RSC (H) and appears well, he MUST be given a Form D, which advises on the care of a boxer who has received a head injury.

24. Ensure that the MO enters details of any boxer who receives an injury or suspension on the MOA's report form.

25. Ensure that details and the reasons of any boxer who fails the prebout medical are entered on the MOA's report form. 26. Decide if a disqualified boxer may receive a prize

COACHES

General

1. All Coaches shall be in possession of a current season's ID badge with lanyard. The badge shall have an in date DBS clearance. The badge shall be presented to the OIC on request. Failure to do so will prevent the individual concerned from officiating at that tournament. They must also be registered on the **ALLIANCE** National Database for the current season. ID badges and lanyards shall be worn at all times during a tournament.
2. An ID badge, will only be worn by the person to whom it was issued. Breach of this rule may result in Disciplinary action being taken.
3. All Coaches who are responsible for boxers taking part in sparring and in competition must be qualified and in possession of a current valid coaching qualification. The minimum requirement of a coach is the **ALLIANCE** Coach Award Part 1 (Assistant Coach Award).

Qualification

1. Active boxers may qualify and act as a coach. They should not participate in both capacities at the same tournament.
2. The minimum period that must elapse before advancing to the next coach level is:

(a) Assistant Award to Full Coach Award - One Year
(b) Full Coach to Senior Coach Award - Two Years
(c) Senior Coach to Advance Coach Award Two Years.
3. All persons shall first qualify as an Assistant Coach.

4. All qualified assistant coach must attend the Full Coach Award within three years. All coaching qualifications from full coach and above should attend Regional update seminars. Coaches who have been inactive for a period of three years and wish to regain their coach qualification, must retake the full course at the level at which they were last registered.
5. A person taking an Assistant Coach course must be at least 17 years of age and a member of an affiliated club or Affiliated Association. Ideally he should have successfully completed a First Aid Course that is recognised by the Health & Safety Executive (HSE). He should also have a DBS clearance by the **ALLIANCE**. For the Assistant Coaches Award the minimum First Aid requirement is the "Appointed Persons First Aid Course." He will not receive his Coach qualification certificate nor be eligible with the **ALLIANCE** until a valid First Aid Certificate is produced.

Coaching Courses

The appropriate **ALLIANCE** qualified personnel must staff all coaching courses:

1. **Assistant Coaches Course** – Grade 1 Advanced or above;
2. **Level 2 Course** - Regional Coach or above; Advanced Grade 2 and 3 and Senior Coaches can attend but only in an assistant capacity.
2. The maximum number of candidates attending an Assistant Coaches Course is 24. For a Full Coaches Course the maximum is 18. Any variation from this must have the approval of the **ALLIANCE**.
3. Coaching Course candidates must attend courses held in the Association in which their club is situated. Any variation on this must have the approval of the Association Secretaries concerned.

4. Candidates for Senior and Advanced Awards must be recommended by the Regional Coach and endorsed by the Association Secretary. For Associations without a Regional Coach, nominations must be made direct to the **ALLIANCE**.

AM - PRO COACH

1 The holder of a professional trainer's licence shall be allowed to register annually with the Alliance as an AM - PRO Coach provided he:

- (a) Is qualified as an Assistant Coach (Level 1).
- (b) Is currently in possession of a DBS cleared by the **ALLIANCE** Umbrella Body.
- (c) Has paid the appropriate registration fee.

2. Conversely, a registered member of the **ALLIANCE** who is qualified to at least Full Coach level may obtain a Professional trainer's license and then convert to AM - PRO status upon payment of the appropriate registration fee

3. Only AM - PRO registered coaches are allowed to coach in an AM PRO Club on the training days/times for professional boxers.

4. The **ALLIANCE** insurance policy does not cover AM -PRO coaches during their involvement with professional boxers 31

Training Rings

Rings used for training purposes should equate as far as possible with the requirements of a tournament ring. Before use, it must be checked for safety and authorised by the Association to which the club is affiliated.

BOXERS

General

1. All boxers intending to compete must undergo a medical examination and be passed fit to do so. NO initial 3-year medical examinations shall be carried out on boxers more than 28 days before their 10th birthday, on which day an ME3 becomes valid for skills bouts only. A Boxer can compete from 11 years old and must retire from competition on his 40th birthday.
2. All affiliated Associations will arrange for their boxers to have an ME3 that must contain a record of bouts, names of opponents and how won or lost. The ME3 must also record any injuries or medical suspensions sustained in contests.
3. A boxer MUST declare previous experience in the case of a replacement ME3. He MUST also declare contests in other combat bouts. This information must be clearly entered at the top of page 1 of the ME3 and also endorsed by the Club Secretary. The number of combat bouts will count as competitive bouts and taken into consideration on entering all **ALLIANCE** Championships. Total bouts for qualification must include 2 **ALLIANCE** contests, with the exception of the **ALLIANCE** Senior Female Class C (0 - 5 bouts) and the Minors Championships.
4. The registered holder of an ME3 may compete in any other governed combat sports, but these bouts MUST be registered on their ME3. Failure to comply with this, will result in the ME3 being withdrawn and disciplinary action may be taken.
5. All boxers up to the age of 30 years must have a full medical examination every 3 years. At that time a new photograph must be supplied for their ME3
6. From the date of their 30th birthday boxers must have a full medical examination and complete a new ME1 every year until they reach the age of 40, after which they are no longer allowed to box.

7. A person can register as a Recreational Boxer member from 10 years of age until his 40th birthday. Registration on the Alliance Database will permit the member to spar.
8. The appropriate Medical Registrar(s) and Association Secretaries **MUST** be informed of the transfer of a boxer between Clubs during the current season, to enable the Alliance National Database to be kept accurate.
9. Females with breast implants are debarred from sparring and **SHALL** not be allowed to register as boxers with the **ALLIANCE**.
10. Female boxers **MUST NOT** spar, compete, or take part in skills contests against male boxers.

Ex Professional Boxers

1. A boxer who has relinquished his professional licence and has not had more than 4 professional bouts may rejoin Amateur Boxing as a boxer. He shall undergo a new 3-year or 1-year medical examination before being allowed to compete. Individuals may apply for a waiver to this rule under exceptional circumstances
- .2. He must supply to his Regional Secretary or Registrar, written verification from the BBB of C of the relinquishment of his professional licence and number of bouts competed in.
3. He must be classified as Intermediate.
4. He may not enter the Senior ALLIANCE Championships until 1 year has elapsed from the date of his first medical on return shown in the ME3.

Seniors

1. A Boxer becomes a senior from the day of his/her 18th Birthday.

2. A boxer must retire from competition on his 40th birthday. Round Duration
3. Novice boxers will box 3 x 2 minute rounds and males may box 4 x 2 minute rounds or 3 x 3 minute rounds by agreement. Females may box 4 x 2 minute rounds by agreement. In Open Championships and Internationals, males will box 3 x 3 minute rounds and females will box 4 x 2 minute rounds. In every case there will be an interval of one minute between rounds.
4. In competitions between Inter v Inter, Inter v Open and Open v Open, boxers shall be encouraged to box 3 x 3 or 4 x 2 minute rounds.
5. A Senior Boxer may participate in a maximum of 18 contests per season excluding Championships and International matches.

Classification of Senior Boxers

5. There shall be three classifications for Senior Boxers namely:

(a) Novice

A Novice is a boxer who has not competed in any stage of an Open Senior Championship. A Novice Boxer must not compete against an Open Class Boxer other than in recognised Championships.

(b) Intermediate

An Intermediate is a Boxer who has;-

- Entered and competed in an Open Senior Championship but has not won a Regional Association Title • Won a Novice Class 'B' Title
- Won a NABGC Class C Title
- Returned from professional boxing.

NB An Intermediate boxer CANNOT be downgraded back to a Novice.

(c) Open

An Open is a Boxer who has;-

- Boxed and won an ALLIANCE Senior Championship bout at a Regional, pre ¼ Final, Quarter Final, Semi Final or Final stage
- Boxed at Senior level for his Country

6. A Regional Association Executive Committee may upgrade a Boxer who, in their opinion, is clearly above the prevailing standard for his current level of classification. Similarly, a boxer may be downgraded to intermediate only, if his ability, in their opinion is below the standard prevailing in his current classification.

Schools and Juniors

1. A Junior boxer may compete from the date of his 11th birthday until the year of his 19th birthday, when he will become a senior. Boxers over 11 and under 15 years are known as School/Junior.

(a) Boxers under the age of 18 years MUST NOT concede more than 12 months in age, except where necessary for specific International Events.

(b) Novice boxers aged 18 years can compete against boxers aged 17 years provided there is no more than 12 months difference in age.

(c) It is recommended that Junior boxers do not concede age, weight and experience in a contest. The final decision for any contest is the responsibility of the OIC.

(d) An experienced 17 year old Boxer could compete against an 18/19 year old Boxer while not giving away Weight or Experience at the discretion of the O.I.C.

Rounds Duration

2. Unless the conditions for Championships or other authorised events prescribe otherwise, the duration of bouts for Junior boxers will be as follows:

Both boxers aged over 11 years and under 14 years - 3 x 1.5 minute rounds.

One boxer aged 13 and the other 14 years -3 x 1.5 minute rounds

Both boxers aged 14 years - 3 x 2 minute rounds

One boxer aged 14 years and the other 15 years - 3 x 2 minutes rounds

Both boxers aged 15 years or over - 3 x 2 minute rounds, or 4 x 2 minutes by agreement. 3 x 3 minute rounds by agreement (Male boxers only) In every case there shall be an interval of 1 minute between rounds.

3. Boxers up to the season of their 19th birthday are allowed to box a maximum of 14 contests per season, excluding Championships and Internationals.

A season will run from 1st October until the 31st May, but for the purpose of insurance and registration it shall extend to the 30th September. A member can only be registered at one club at any one time.

4. Bout finish times

(a) Boxers under the age of 16 years shall not be allowed to box at tournaments after 10.30pm. **(This is a legal requirement).**

(b) It is recommended that boxers aged between 16 and 17 years should not box at tournaments after 11pm.

(c) ALL tournaments shall be finished by 24.00 Hrs approx.

RULES ASSOCIATED WITH A TOURNAMENT CONTEST

Competition Ring

At all tournaments the ring shall conform to the following requirements:-

1. The minimum size shall be 4.27 Metres square (14 ft sq) and the maximum size 6.10 Metres square (20 ft sq). In Championships the minimum size must be 4.88 metres square (16 ft sq). All measurements are inside the line of the ropes.
2. The platform shall be safely constructed, level and free from any obstructing projections and extend for at least 50cm (18ins) outside the line of the ropes. It shall be fitted with four corner posts, well padded or otherwise constructed as to prevent injury to the boxers. The floor shall be covered with felt, rubber or suitable ALLIANCE approved material, not less than 1.5cm (1/2ins) and not more than 1.9cm (3/4ins) thick over which the canvas shall be stretched and secured. The entire platform must be covered.
3. There shall be four ropes of a thickness of 3cm (1.18ins) minimum to 5cm (1.96ins) maximum tightly drawn from the corner posts at equal intervals from 40cm (1ft 3.7ins) to 1.30m (4ft 3ins) high. The ropes shall be covered with a soft or smooth material and joined on each side, at equal intervals, by two pieces of close textured canvas 3-4cm (1.5ins) wide that must not slide along the rope
4. The ring shall have suitable steps at opposite corners for the use of contestants, officials and seconds. A third set must be provided for the MC and MO.
5. At all boxing tournaments a minimum distance of 2 metres (6ft 6ins) shall be clear of all tables and persons, excluding those required for the use of officials.
6. The only persons authorised to enter the ring shall be a boxer, coach, referee, MC and MO on instruction of the referee.

7. A used swab container must be fixed to the outside of one or both neutral corner posts.
8. Mobile phones and audible pagers must be switched off in corners or at ringside during all competitions. The only exceptions to this rule are the ringside MO(s) and paramedics.

Officials Dress

Male Officials, except referees, should be attired in blazer or jacket, trousers, shirt with collar and tie. Female Officials, except referees, should be attired in blazer or jacket, trousers or skirt, blouse or shirt with collar. Referees shall be dressed in black or white trousers, white shirt, black bow tie and light shoes or boots without raised heels.

Boxers Dress

Competitors shall box in light boots or shoes (without spikes and without heels), socks, standard shorts reaching at least halfway down the thigh and a vest covering the chest and back. Boxers are allowed to display tassels on their shorts and boots. Boxers may not wear sequins on any part of their dress. When competing from the RED corner, boxers shall not wear a BLUE vest. When competing from the BLUE corner, boxers shall not wear a RED vest.

Head guards

When competing at any tournament within the area controlled by the ALLIANCE, All male and all Female boxers shall wear properly fitting head guards, made by manufacturers approved by ALLIANCE, and bear the appropriate validation stamp.

Boxers must wear a Red head guard and gloves in the Red Corner and a Blue head guard and gloves in the Blue Corner.

1. In cases of the head guard becoming displaced, the following shall apply:

(a) 1st occasion: The referee shall instruct the second to re-fit the headguard.

(b) 2nd occasion: The referee shall take similar action, except that he shall caution the second that if the head guard becomes displaced for a 3rd time, the bout shall be terminated.

(c) 3rd occasion: The bout will be terminated and the non-offending boxer will be declared the winner by (RSC).

(d) If, in the referee's opinion, the head guard has become displaced due to the activities of the other boxer, he will not count it as a first or second occasion but will caution or warn the other boxer for a foul.

2. A boxer shall enter the ring not wearing his headguard, which shall be fitted in the ring on the referee's instruction, after the boxer has been checked for the wearing of earrings, studs, etc. The head guard shall be taken off immediately after the bout and before the decision is announced.

3. A Senior Male boxer shall be allowed to Box with facial hair. Beards to be 50mm – 75mm in length with no stubble and contained within the headguard. No boxer shall be allowed to compete unless long hair is completely enclosed within the head guard, with the exception of a fringe, which shall not extend below the eyebrows

4. In all cases of the head guard becoming displaced, it is at the discretion of the referee what action to take.

Competition Gloves

1. All Boxers Male or Junior weighing under 63.5 kg will wear 10oz (284grams) gloves comprising 5 oz leather, 5oz padding. All Boxers weighing over 63.5kg will wear 12 oz.

2. Only boxing gloves made by manufacturers approved by the **ALLIANCE** will be used at any tournament within the area controlled by the **ALLIANCE**.
3. At all tournaments, competitors shall use the gloves supplied by the organisers. Red gloves are to be used for the Red corner and Blue gloves are to be used for the Blue corner.

Hand Bandages

ALL boxers must wear crepe type bandages or approved wraps when competing. A bandage must not be longer than 4.5 metres and not shorter than 2.5 metres. The bandage should be 5.7cm (2") wide. Boxers may wrap between the fingers if they so wish **NO OTHER KIND OF BANDAGES MAY BE USED**. The use of any kind of tapes, rubber or adhesive plaster as bandages, is strictly forbidden. A single strap of adhesive, not to exceed 7.6 cms (3 ins) long in length and 2.5 cms (1ins) wide but in no case to exceed 5cm width, may be used on the upper wrist to secure the bandages.

Gum shields

All boxers must wear properly fitting gum shields. NO red or part red coloured gum shields may be worn. If the gum shield comes out accidentally it will be washed and replaced. If it is deliberately ejected, one or two times, the boxer shall be cautioned. A 3rd and 4th offence will warrant warnings. A 5th offence will warrant disqualification, but the referee has sole discretion in the application of this rule.

Body protectors

All male boxers shall wear cup, groin or abdominal protectors and it is optional for female boxers to wear groin and chest protectors

Seconds

1. Each competitor is entitled to one second and an assistant second who shall be governed by the following rules:

- Both the chief second and the assistant second must be in possession of a valid coach's registration book or ID badge, which must be presented to the OIC on request or they will not be allowed to officiate at a tournament. ID badges shall be worn and clearly on display throughout the tournament.
- Both the Chief Second and Assistant Second can mount the ring platform and offer advice to the boxer, but only the Chief Second is allowed to enter the ring. Both seconds may service the boxer.
- No advice, assistance or encouragement shall be given to the competitor by his second or assistant during the progress of the rounds
- A second may retire his boxer and may, when he considers his boxer to be in difficulty, throw the towel into the ring, except when the referee is in the course of counting.
- During the boxing, neither the Chief Second nor his Assistant shall remain on the ring platform. Before a round begins, all seats, towels, buckets, water bottles etc. shall be removed from the ring platform.

2. Any second, assistant second or official encouraging or inciting spectators by words or signs to advise or encourage a boxer during the progress of a round or infringing the rule in any way may be warned or removed from ringside by the referee or OIC, from acting as a second, assistant second or official for the remainder of the contest concerned. Once a coach or assistant second is removed from the ringside, he shall leave the boxing hall for the remainder of the bout. If a second, assistant second or official is disqualified from acting in that capacity by the referee or the OIC for a second time at the same tournament, he will be suspended from taking any further part in that tournament. This action shall be recorded on the OIC's Report Form.

3. In the event of a second acting alone and then being removed from the ringside, the bout will be stopped until a qualified and registered replacement coach is found.
4. No stimulant of any kind, other than water, may be administered to a boxer prior to or during a bout.

Dress

5. Seconds shall wear white trousers. Training shoes or boxing boots must be worn. Tracksuits and white jackets are permitted.

Caps or headwear of any description are not permitted. **This dress code is mandatory.**

6. If a second or his assistant infringes the rules his boxer may be cautioned, warned or disqualified by the referee for offences committed by the second or assistant second.

CONTROL OF BOUT

General

A referee, who shall officiate inside the ring, will have sole control of the bout. Three judges and a timekeeper shall sit directly at ringside. The judges will independently award points to each boxer in accordance with the directives. In all cases when a bout is terminated through injury or other cause, the referee shall record the reason and hand it to the OIC.

1. The timekeeper shall be seated at one side of the ring and the three judges at the remaining three sides. In Championships, if five judges are operating, two judges will sit on the opposite side to the OIC with the timekeeper in between.

2. In the event of a boxer's dress or gloves becoming undone during the bout the referee shall stop the contest and have it attended to.
3. No other objects may be worn during the contest e.g. ear rings, studs or body jewellery. The referee shall check a boxer before his head guard is fitted.
4. The use of grease or products likely to be harmful or objectionable to an opponent, on the face, arms or any other part of the body is forbidden.
5. Inhalers must not be used at ringside during a contest.
6. It is recommended that competitors wear distinguishing colours. A suitably coloured sash can be worn to define the belt line, if required.
7. It is recommended that female contestants wear a sports bra together with a singlet or top that covers the back and is designed to preserve modesty. Breast protectors and Low blow protectors are recommended but are not mandatory.

Shaking of hands

Before, beginning and after a bout, boxers shall shake hands in a proper manner as a sign of purely sporting and friendly rivalry in accordance with the boxing rules. The shaking of hands takes place before beginning the first round and after the announcing of the result. The shaking of hands is not permitted at any other time during a bout or between rounds.

Referee

1. The referee has sole control in the ring.
2. He shall :-

- (a) Before the contest, check the boxer's gloves and attire. He may exclude from competing any boxer who is not clean and properly dressed.
- (b) Ensure that the Coaches of both boxers are wearing their own current ID badge and lanyard. The ID badge must have an in date DBS clearance: Misuse of ID Badges will render those concerned liable to discipline charges.
- (c) Prevent a boxer from receiving undue and unnecessary punishment;
- (d) See that the rules and fair play are strictly observed.
- (e) At the end of the contest, collect and check the papers of the three judges. After checking them he shall pass them on to the adjudicator, OIC or the MC. Before the result is announced, he shall check the validity of the hand bandages of both boxers. The referee shall not indicate the winner until the announcement has been made.

3. The referee shall only use three words of command:

"Stop" - when ordering the boxers to stop boxing.

"Box" - when ordering them to continue.

"Break" - when requiring the boxers to break from a clinch.

4. The Break

When the referee orders the two competitors to 'break', both boxers must step back one pace before recommencing boxing. A boxer shall not attempt to strike his opponent on the 'break'. A competitor breaking this rule is liable to a caution, warning or disqualification.

5 The bell/gong sounds to indicate the end of the contest, both boxers must return immediately to their own corners. The referee shall ensure that this is obeyed. The contest shall be considered to have ended when the bell/gong sounds at the end of the last round.

6 The winner of a bout is announced; the referee shall raise the hand of the winning boxer and ensure both boxers shake hands in a sporting manner.

7 The Referee shall indicate to a boxer by suitable explanatory signs or gestures any infringements of the rules. Such signs or gestures may be accompanied by verbal cautions or warnings except in Championships or Internationals.

(a) A referee may caution a boxer. To do so he will stop the bout and administer the appropriate caution by signs. A referee may warn a boxer. To do so he will stop the bout and administer the appropriate warning by signs to both the boxer and to each of the judges.

8 The referee is empowered to:-

(a) Terminate a contest at any stage if he considers it too one sided.

(b) Terminate a contest at any stage if one of the boxers has received an injury on account of which the referee decides he should not continue.

(c) Terminate a contest at any stage if he considers the contestants are not in earnest. In such cases he may disqualify one or both contestants.

(d) Caution or administer a warning to a boxer against fouls or for any other reason in the interests of fair play, or to ensure compliance with the rules by signs.

(e) Disqualify a boxer who fails to comply immediately with his orders, or behaves towards him in an offensive or aggressive manner at any time.

(f) Warn or disqualify a second or assistant who has infringed the rules, and the boxer himself if the second or assistant does not comply with the referee's orders.

(g) With or without previous warning to disqualify a contestant for committing a foul.

(h) In the event of a Knock Down (KD), suspend a count, if a boxer deliberately fails to retire to a neutral corner or delays in doing so.

(i) Interpret the rules in so far as they are applicable to the actual contest or to decide and take any action on any circumstances of the contest, which is not covered by a rule.

7. Automatically terminate the contest, should a senior male boxer receive 3 counts in any round or 4 during a contest

8. Automatically terminate the contest should a female or junior boxer receive 2 counts in any one round or 3 during a contest.

9. Warnings

(a) If a boxer infringes the rules but does not merit disqualification for such an infringement, the referee shall stop the contest and shall issue a warning to the offender. As a preliminary to a warning, the referee shall order the boxers to "Stop". The referee shall demonstrate the infringement in such a way that the boxer clearly understands the reason and the purpose of the warning. The referee shall clearly demonstrate the infringement signal with his hands to each of the judges that a warning has been given and shall clearly point to the boxer whom he has warned. After giving the warning, the referee shall order the boxers to "Box". A referee having once administered a warning for a particular foul, e.g. holding, cannot issue a caution for the same type of offence. A third caution for the same type of foul will mandatory require a warning to be issued and any recurrence of the same offence must be another warning. Only three warnings may be given to the same boxer in one contest. A third warning will result in automatic disqualification.

(b) A referee may admonish a boxer. An admonishment is in the nature of advice given by the referee to a boxer to check or prevent undesirable practices or the less serious infringements of the rules. To do so, he will not necessarily stop the contest, but may wait for a suitable safe opportunity during a round to admonish a boxer.

Medical Examination of Referees

A referee, before officiating in any Championship or International tournament conducted under these rules, shall undergo a medical examination as to his physical fitness for carrying out his duties in the ring. His vision should be at least 6 dioptries in each eye. The wearing of spectacles by a referee during a bout is not permitted. Contact lenses are allowed.

Fouls

A competitor, who does not obey the instructions of the referee, acts against the boxing rules, boxes in an unsporting like manner or commits fouls, can at the discretion of the referee, be cautioned, warned or disqualified without warning. Each second is as responsible as his boxer for abiding by the rules.

The following are fouls:

1. Hitting below the belt, holding, tripping, butting, and kicking with foot or knee.
2. Hits or blows with the head, shoulders, forearms, elbows, throttling the opponent, pressing with arm or elbow in the opponents face, pressing the opponent back over the ropes.
3. Hitting with the open glove, the inside of the glove, wrist or side of the hand.
4. Hits landing on the back of the opponent and especially any blow on the back of the neck, head or kidneys.
5. Pivot blows.
6. Attack whilst holding the ropes or making any unfair use of the ropes.
7. Lying on, wrestling and throwing in a clinch.

8. An attack on an opponent who is down or who is in the act of rising.
9. Holding.
- 10 Holding and hitting or pulling and hitting.
11. Holding and locking the opponent's arms or head or pushing an arm underneath the arm of an opponent.
12. Ducking below the belt of an opponent in a manner dangerous to the opponent.

Belt

The belt is defined as an imaginary line across the lower part of the front of the body passing through the navel from hip to hip.

13. Completely passive defence by means of double cover or intentionally falling to avoid a blow.
14. Useless, aggressive or offensive utterances during the bout.
15. Not stepping back when ordered to "Break".
16. Attempting to strike the opponent immediately after the referee has ordered "Break" and before taking a step back.
17. Assaulting or behaving in an aggressive manner towards a referee at any time.
18. Deliberately spitting out of gum shield.
19. Keeping the forward hand straight, in order to restrict the opponent's vision.
20. Spitting in the ring.

21. Deliberately treading on opponent's toes.
22. Striking an opponent before or after the round.
23. Making audible utterances whilst boxing
24. Trying to dislodge opponent's head guard.
25. Striking an opponent before and after the bell.
26. Biting an opponent.

Or any other act that the referee may deem improper.

If a referee has any reason to believe that a foul has been committed which he himself has not seen, he may consult the judges.

Judges

1. In a bout that lasts the full duration, it is the duty of a judge to pick a winner of the contest according to the **ALLIANCE** Rules of Boxing.
2. In boxing contests, all Judges must score by the 0 – 0 system using the hand held calculator/clicker. The Judge shall copy his score after each round onto his scorecard. If the bout is completed, he shall total up his points for each boxer, name the winner and corner colour. He shall also circle the name of the winner. After checking it, he will hand his completed scorecard to the Referee.
3. Before the bout the judge will enter the names of the boxers and sign his score paper. Each judge shall, using the hand held calculator/clicker, independently judge the merits of the two contestants and the winner shall be decided in accordance with the rules.
4. He shall not speak to the contestants, nor to another judge, nor anyone else except for the referee, during the contest but may, if necessary, at the end of a

round, bring to the notice of the referee any incident which the referee may not appear to have noticed, such as misconduct of a second, loose ropes, etc.

5. The judge shall not leave his seat until the verdict has been announced to the public, or his relief judge has replaced him.

Awarding of Points

In awarding points the following directives shall be observed:

1. Directive 1 - Concerning hits:

Scoring Blow

(a) During each round a judge shall assess the respective scores of each boxer according to the number of hits obtained by each. To have a score value, each hit must, without being blocked or guarded, land directly with the knuckle part of the closed glove of either hand on any part of the front or sides of the head or body above the belt with force. Swings landing as above described are scoring hits.

(b) The value of hits scored in a rally of infighting shall be assessed at the end of such rally and shall be credited to the boxer who has had the better of the exchanges according to the degree of his superiority.

(c) The following are not scoring blows:

- (i) Hitting while infringing any of the rules;
- (ii) Hitting with the side, the heel and the inside of the glove or with the open glove or any part other than the knuckle part of the closed glove;
- (iii) Blows, which land on the arms;
- (iv) Blows that merely connect, without the weight of the body or shoulder

2. Directive 2 - Concerning Fouls:

(a) If the referee warns one of the boxers, the judge will note on his score card which boxer received the warning and in which round. The Judge will also add 2 points to the offended boxers score at the end of the round

3. Directive 3 - Concerning the awarding of points:

(a) If at the end of a contest and having marked each round in accordance with Directives 1 and 2, a judge finds that the boxers are equal on points he shall, by circling his name, award the decision to the boxer: -

- (i) Who has done most of the leading off (L), which is deemed to be the boxer who has attempted to strike first or has initiated the attacks or if equal in that respect,
- (ii) To the boxer who has shown the better style (S), which is deemed to be the boxer with the more orthodox and upright stance or if equal in that respect,
- (iii) To the boxer who has shown the better defence (D), by blocking, parrying etc. that prevents his opponent's attacks striking the scoring area.

A WINNER MUST BE NOMINATED

(a) No extra points are awarded for a KD.

Announcement of Decision and disposal of scoring papers

1. At the end of each bout where the stipulated number of rounds has been completed, the referee shall collect and verify the judges' scoring papers and instruct the MC to announce the decision, stating whether this is a unanimous or majority decision. The referee will raise the hand of the winner.
2. The judges' scores **SHALL** be made known to the public
3. If a bout is terminated in favour of one boxer, the referee shall instruct the MC to announce the name of the winner and the reason for the stoppage, then collect the judges' scoring papers.

4. If both boxers are unable to continue boxing due to injury or simultaneous KO, the judges' scoring papers will be collected and the verdict awarded to the boxer who was leading on points when the bout was stopped. In such cases, should the bout be terminated during a round, the judges shall award points as though it had been a completed round.
5. If a boxer is disqualified, the referee shall instruct the MC to announce the reason for disqualification and the name of the winner. If both boxers are disqualified, the referee shall instruct the MC to announce the reason(s). The referee shall then collect the judges' scoring papers.
6. At the termination of each bout, the referee shall hand the scoring papers to the MC who will be responsible for giving them to the OIC, unless other arrangements for their disposal has been made by the **ALLIANCE** or other appropriate Association.

Decisions

1. Win on Points: PTS

At the end of a contest the boxer who has been awarded the decision by a majority of the judges shall be declared the winner. If both boxers are injured or are KO'd simultaneously and cannot continue the contest, the judges act in accordance with page 55, para 4.

2. Win by Retirement: RTD

If a boxer retires voluntarily owing to injury or other cause or if he fails to resume boxing immediately after the rest between rounds, his opponent shall be declared the winner.

3. Win by Disqualification: DSQ

The referee shall have the power to caution, warn or disqualify without warning. If a boxer is disqualified, his opponent shall be declared the winner. If both boxers are disqualified the decision shall be announced accordingly.

4. Win by KO

If a boxer is 'down' and fails to resume boxing within ten seconds, his opponent shall be declared the winner, by a KO.

5. Win by Referee Stopping Contest: RSC

(a) OUTCLASSED: If a boxer, in the opinion of the referee, is being outclassed, or is receiving excessive punishment, the bout shall be stopped and his opponent declared the winner.

(b) INJURY: If a boxer, in the opinion of the referee, is unfit to continue because of injury or other physical reasons, the bout shall be stopped and his opponent declared the winner. The right to make this decision rests with the referee, who may consult the MO, having consulted the MO; the referee must follow his advice. When a referee calls an MO into the ring to examine a boxer, only these two officials should be present. No seconds should be allowed into the ring or on the apron.

(6) No Contest: NC

A bout may be terminated by the referee inside the scheduled distance owing to a material happening outside the responsibility of the boxers or the control of the referee, such as the ring becoming damaged, the failure of the lighting supply, exceptional weather conditions, etc. In such circumstances the bout shall be declared "No Contest" and the OIC shall decide the necessary further action. If the incident occurs in the last round of a bout, the contest shall be terminated and the Judges asked to give a decision as to the winner of the bout.

(7) Youth Officials

17 year olds , should be able to train as Judges and officiate at Minors Bouts.

The decision of the judges or referee, as the case may be, shall be final and without appeal.

The Timekeeper:

The main duty of the timekeeper is to regulate the number and duration of the rounds and intervals between rounds. The interval shall be of one-minute duration in all contests.

1. He shall be seated directly at the ringside.
2. 5 seconds before the commencement of each round he shall clear the ring by ordering "Seconds Out".
3. He shall announce the number of each round immediately prior to commencing it. First round, second round, third round, third and final round, or fourth and final round.
4. He shall commence and end each round by striking the bell/gong.
5. He shall stop the main clock or timer when the referee commands '**STOP**' and restart the clock or timer when the referee commands '**BOX**'. He shall **NOT** stop the main clock or timer in the event of a count being administered.
6. He shall regulate all periods of time and counts by a watch or clock.
7. At a KD he shall signal to the referee with his hand the passing seconds while the referee is counting, but must not stop his main clock.
8. If at the end of any round a boxer is 'down' and the referee is in the course of counting, the bell/gong indicating the end of the round will not be sounded. The bell/gong will be sounded only when the referee gives the command "Box" indicating the continuation of the contest.

Down:

1. A boxer is considered "down":

- (a) If he touches the floor with any part of his body other than his feet.
- (b) If he hangs helplessly on the ropes.
- (c) If he is outside or partly outside the ropes.
- (d) If, following a hard punch, he is still standing but is in a distressed state and cannot, in the opinion of the referee continue the bout.

2. In the case of a KD, the referee shall immediately begin to count. When a boxer is down his opponent must go at once to the corner indicated by the referee and will stay there until the referee commands "box". If the boxer does not go to the corner indicated, the referee will stop counting until he does so. The counting will then continue from where it was interrupted. The referee shall count aloud in one-second intervals indicating each second with his hand in such a manner that the boxer, who has been KD'd, may be aware of the count.

3. When a boxer is down as a result of a blow, the bout will not continue until the referee has reached the count of eight, even if the boxer is ready to continue before then. After the referee has counted to 10 or stated '**OUT**', the bout ends and the decision is a KO.

4. In the event of a boxer being down at the end of a round, the referee will continue to count. Should the referee count up to 10 or state '**OUT**', the boxer shall be deemed to have lost the bout by KO. If the boxer is fit to resume boxing before the count of ten is reached, the referee will use the command "box".

5. If a boxer is down as a result of a blow and the bout is continued after the count of eight, but the boxer falls again without having received a fresh blow, the referee will continue from the count of eight.

6. If both boxers go down at the same time counting will be continued as long as one of them is still down. If both boxers remain down until the count of ten the bout will be stopped and the decision given in accordance with points awarded up to the time of the KD.
7. A boxer who fails to resume boxing within ten seconds when KD'd by a blow, shall lose the contest.
8. When a senior boxer receives 3 compulsory counts in the same round, or 4 for the whole bout, the referee shall stop the contest - RSC or RSC (H).
9. When a junior or female boxer receives 2 compulsory counts in the same round, or 3 for the whole contest, the referee shall stop the contest - RSC or RSC (H).

A down or count caused by any foul shall not be included in the compulsory count limit.

Failure to resume a bout

In all bouts, any competitor who fails to resume boxing when time is called shall lose the bout.

Procedure after a KO or RSC (H):

1. If a boxer is rendered unconscious then only the referee and the MO summoned should remain in the ring, unless the MO needs a resuscitation team or extra help.
2. A boxer who has been KO'd during a contest or where the referee stopped the contest due to a boxer having received hard blows to the head, RSC (H), making him defenceless or incapable of continuing shall be examined by the MO immediately afterwards and accompanied to his home or suitable accommodation by a responsible person.

3. A boxer who has been KO'd during a contest or where the referee stopped the contest due to a boxer having received hard blows to the head making him defenceless or incapable of continuing shall not be permitted to take part in competitive boxing or sparring for a period of at least 30 clear days after he has been KO'd or RSC (H)'d.
4. A boxer who has been KO'd during a contest or where the referee stopped the contest due to a boxer having received hard blows to the head making him defenceless or incapable of continuing twice in a period of 90 days shall not be permitted to take part in competitive boxing or sparring during a period of 90 days from the date of the second KO or RSC (H)
5. A boxer who has been KO'd during a contest or where the referee stopped the contest due to a boxer having received hard blows to the head making him defenceless or incapable of continuing three times in a period 12 months shall not be allowed to take part in competitive boxing or sparring for a period of 12 months from the date of the third KO or RSC (H).
6. The referee will indicate to the OIC and judges to annotate the scorecard RSC(H) when he has stopped a contest as a result of a boxer being unable to continue as a result of blows to the head.
7. In the event of a KO decision due to body blows, a medical suspension will be issued at the discretion of the MO from 0 - 30 days. The MO's decision shall be entered on the MOA's report form and boxer's ME3.
8. 30-day suspensions from body blows do not count towards cumulative suspensions.

Types of KO

Class 1 Recovery within 1 minute - the boxer shall be given a Form D, which advises of the care of a boxer after a KO.

Class 2 Recovery within 2 minutes - the boxer shall be given a Form B, and instructed to consult his own Doctor within 24 hours.

Class 3 Recovery over 2 minutes - the boxer SHALL be conveyed to the nearest A&E Hospital, by Ambulance if necessary, accompanied by a responsible person. The OIC shall ensure that the MO completes a Form C addressed to the Hospital Casualty Officer on duty and sends it with the boxer concerned

CHAMPIONSHIPS

General

1. All **ALLIANCE** Championships are open to British and non-British Nationals. Non British Nationals and ex professional boxers must have held an **ALLIANCE** ME3 for a period of 1 year from the date of their first medical shown in the ME3.
2. Boxers entering any **ALLIANCE** Championships must be currently registered members of a Club or Organisation currently affiliated to the **ALLIANCE**. He must represent the Club etc. of which he was a member preceding the Championships in which he is engaged.
3. Entry must be made on the form provided by the **ALLIANCE**. The form must be signed by the entrant (and if under 18 endorsed by his parent or guardian) who will be held responsible for the accuracy of the statements made on the form. A closing date for receipt of entry forms may be set prior to the first stage of the Championships.
4. If there is no opponent for a boxer to compete in the National Final of a Championship, he will only be awarded the Title if he has competed at an earlier stage.
5. Boxers competing from the RED corner shall not wear a BLUE vest.Boxers competing from the BLUE corner shall not wear a RED vest.

6. **ALLIANCE** Championships will be contested in the following stages:

(a) Regional Divisional Championships (where appropriate)

(b) Regional Association Championships.

(c) National Pre - Quarter and Quarter Finals.

(d) National Semi Finals in which the winners of the Quarter Finals will compete.

(e) National Finals in which the winners of the Semi-Finals will compete.

6. If the winner of any stage of the Championships is unable to continue or has been disqualified or is under medical suspension.

7. Failing either the winner or runner up being able to compete in the Quarter Final, Semi Final or Final, the **ALLIANCE** (T&R) may nominate a representative.

8. Representatives referred to in paragraphs 7 must have competed in the current Championships at the relevant weight.

9. The minimum size of the ring for all Championship events for both Senior and Junior boxers shall be 4.88 metres square (16ft) measured inside the line of the ropes.

10. Preliminary / Divisional box offs may be allowed in a 14 ft ring on a Club tournament.

11. In the preliminary stages of the Championships it may be necessary for a Boxer to compete more than once on the same day, or within three days. In these circumstances the 3-day rule will be waived, but no Boxer, in any Championship, shall box more than twice within a 3 day period.

12. Wherever possible, boxers should not compete more than once on the same day

13. Three or Five judges using scoring counters shall judge all Championship events.
14. No stage of any **ALLIANCE** Championships shall take place at a private club or other private premises where the public cannot gain admittance at reasonable prices.
15. Prior to each new season, the **ALLIANCE** (T&R) will produce a Calendar for all **ALLIANCE** run Championships.. The **ALLIANCE** Board of Directors must approve the programme before publication.
16. In all Championships, every season a draw will take place by the **ALLIANCE** (T&R) to determine which Regional Associations will compete against each other in the Championships Quarter Finals and earlier pre-1/4 Final matches. In the interests of fairness, Associations drawn to box in a pre-1/4 Final Match will be excluded from the first part of the draw in the following season.
17. Before the start of each season, Associations will be invited to enter a draw for the allocation of all National Semi Finals and Finals of the **ALLIANCE** run Championships.
18. A Club intending to withdraw a boxer from any stage of an **ALLIANCE** National Championship shall inform its own Regional Association Secretary immediately, or no later than 08.00hrs on the day of the event. Failure to comply with this will result in the boxer's Club being fined £100, payable to its own Regional Association. This sum will then be forwarded to the opponent's Club

Weigh In

19. All Championship weight categories are shown on pages 73-78.
 - (a) At all rounds of the Championships, boxers must weigh-in, be medically examined on the day of their competition and produce a valid ME3 at the weigh-in, except in the case of officially notified 'walkovers'. Boxers who have to box twice on the same day must be medically examined again before their second contest.

- (b)** The scales shall have a current certificate of calibration, issued within 72 hours prior to the weigh-in. Electronic digital scales shall have a valid certificate of calibration issued annually. Calibration certificates shall be clearly displayed at the weigh in. The scales shall be open for two hours during which time Boxers may have as many check weighs as they wish. A correct weight at any time during the two hours will be accepted as official.
- (c)** At the first round weigh-in of any Championship a boxer may change weight categories but shall then remain in that weight category throughout the duration of the particular Championship
- (d)** Pre First Round Championship check weigh-ins are NOT to be taken as Official.
- (e)** A boxer who weighs-in below the lower weight limit in his chosen weight category will be eliminated.

Draws and Byes

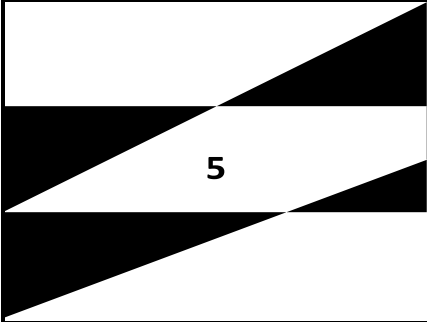
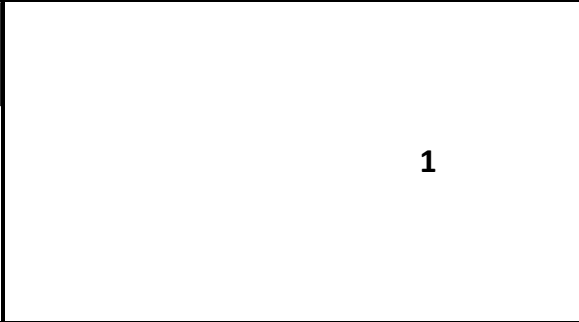
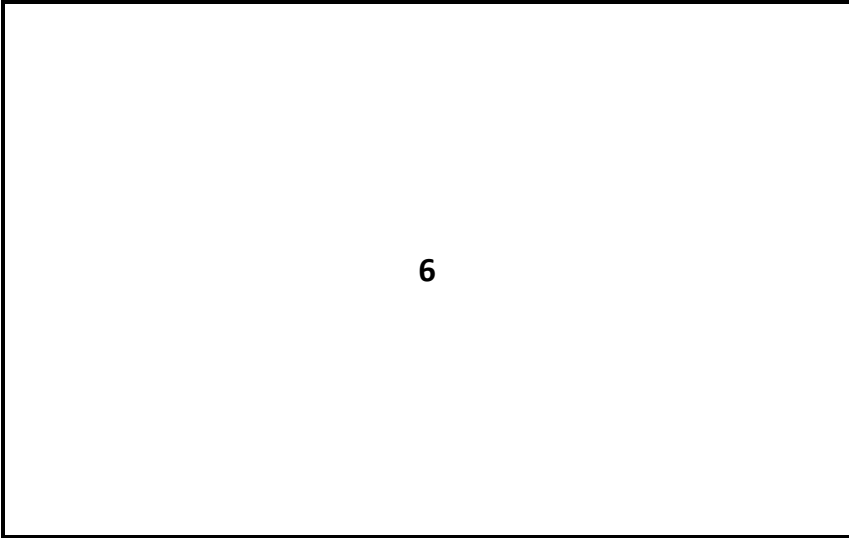
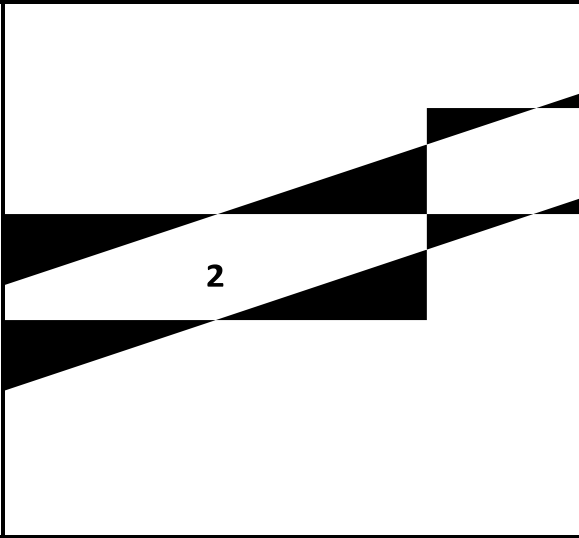

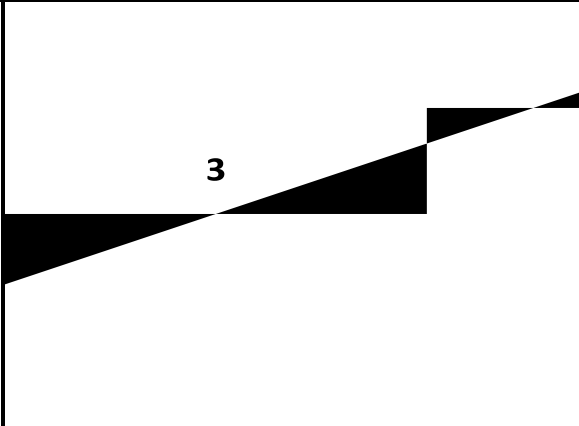
20. The draw shall take place after the weigh-in and medical examination. In competitions where there are more than four competitors, a sufficient number of byes shall be drawn in the first series to reduce the number of competitors in the second series to 4, 8, 16 or 32.

BOUTS SHALL BE DRAWN FIRST

Any Boxer withdrawn after the draw has been made may cause his Club to be fined by the Division or Association responsible for that stage of the Championships. Competitors drawing a bye in the first series shall be the first to box in the second series. If there are an odd number of byes, the boxer who draws the last bye will compete in the second series against the winner of the first bout in the first series. Where the number of byes is even, the boxers drawing byes shall box the first bouts in the second series in the order in which they are drawn. No competitor may receive a bye in the first series and a walkover in the second series or two consecutive 'walkovers'. Should such a situation arise a fresh draw shall be made of

the other boxers remaining in the series who have not received a bye or walkover in the preceding series. The first boxer to be drawn will meet the boxer who has benefited from a bye or walkover in the preceding series and the new draw shall then proceed in the normal way.

Table for draws and byes:

| NO. OF ENTRIES | BOUTS |
|--|---|
|  |  |
|  |  |
|  |  |

| | |
|----|---|
| 8 | 4 |
| 9 | 1 |
| 10 | 2 |
| 11 | 3 |

23 At all Championships appointed Officials can claim travelling expenses. The Parent Association will pay for their officials travelling to pre-¼ Final and ¼ Final away matches. The host Association shall pay the travelling expenses for the Neutral Officials used at pre- ¼ and ¼ final matches. The host Association will be responsible for all travelling and accommodation expenses of all participating Officials, except for the **ALLIANCE** Senior Open Finals, which will be paid for by the **ALLIANCE** as organisers.

24. At all rounds of **ALLIANCE** Championships, trophies (not solely certificates) will be awarded to winners and runners up. A framed certificate or medal will count as a trophy. A disqualified boxer may only receive a prize or trophy at the sole discretion of the OIC.

Bandage Inspection

25. At all Championship Events, the only bandages used must be **ALLIANCE** approved (see page 41). The organisers will appoint bandage inspectors, glovers up, ring stewards and whips. The appointed bandage inspectors will validate bandages for each contest before the boxer wears them. If they are of the correct type and length they will be put on in front of the Inspector who will stamp them before the boxer goes to the gloving up table. Boxer will not be permitted to glove up if the bandages do not bear the approved stamp.

26. At all Championships where there are more than 25 bouts, 2 rings shall be used on the same day. Alternatively the tournament shall be boxed over 2 days.

27. In all Championships the condition of entry will apply.

28 The **ALLIANCE** Board of Directors shall ensure that Associations run Championships in a uniform manner as per the Rules and Regulations of Amateur Boxing and further ensure that the Rules of Boxing are as unambiguous as possible.

Doping Controls As per Medical Aspects booklet.

MALE BOXERS

1. The conditions of entry

A boxer can enter any Junior Championship and any Senior Championship in the same season if their DoB meets the entry criteria.

Class Minors

(0-10 bouts on entry) is for 11 Year old Boxers and is contested over 3 x1.5 minute rounds

2.ALLIANCE Male & Female Schools

(No less than 2 **ALLIANCE** bouts on entry)

Class 1 is for 12-year-old Boxers upon entry into the championship and is contested over 3 x1.5 minute rounds

Class 2 is for 13-year-old Boxers upon entry into the championship and is contested over 3 x1.5 minute rounds

Class 3 is for 14 -year-old Boxers upon entry into the championship and is contested over 3 x 2 minute rounds

3. ABAE Male and Female Juniors (No less than 2 **ALLIANCE bouts on entry)**

Class A is for 15-year-old Boxers upon entry into the championship and is contested over 3 x 2 minute rounds.

Class B is for 16-year-old Boxers upon entry into the championship and is contested over 3 x 2 minute rounds

4.ALLIANCE Male & Female Youths (No less than 2 **ALLIANCE bouts on entry)**

Class A is for 17-year-old Boxers upon entry into the championship and is contested over 3 x 2 minute rounds

Class B is for 18-year-old Boxers upon entry into the championship and is contested over 4 x 2 minute rounds

Weight Allowance

Minors, Junior and Schools Classes will receive a weight allowance at the Pre-1/4 Finals, Quarter Finals, Semi Finals and Finals. There will be no weight allowance for Youths.

Allowances are for boxers in Weight Classes: -

Up to and including 50Kgs is 300gms

Over 50Kgs and up to and including 63Kgs is 500gms
Over 63Kgs is 700gms

Weight Reduction

The maximum weight a boxer may lose during the weigh-in period at any Junior Championship shall be:-

- 300gms for weight classes up to and including 50kgs
- 500gms for weight classes over 50kgs and up to 63kgs (inclusive),
- 700gms for weight classes over 63kgs.

A Senior boxer has no restriction on weight reduction.

ALLIANCE Senior Novices is for Boxers whose 19th birthday occurs in the calendar year of the championships or is already 19 years of age or older.

Class A is for Boxers who have had a minimum of 2 **ALLIANCE** bouts and no more than 10 bouts upon completing the entry form. Boxers who have previously won a National Novice Championship at Class A are excluded. Bouts will be contested over 3 x 2 minute rounds.

Class B is for Boxers who have had a minimum of 11 **ALLIANCE** bouts and no more than 20 bouts upon completing the entry form. Bouts will be contested over 4 x 2 minute rounds.

A boxer who wins the National Novice Championships at Class A shall be eligible to box in Class B in subsequent years provided he has not exceeded the specified number of contests. A boxer who wins a Novice Championship at Class B is automatically reclassified as Intermediate and is therefore, ineligible to enter.

ALLIANCE Male Senior Open Championships (No less than 5 bouts on entry to include 2 **ALLIANCE** bouts)

1. Is for Boxers whose 19th birthday occurs in the calendar year of the championships or is already 19 years of age or older
2. Once a Boxer has competed at the first stage, he will be deemed to have entered, and must be reclassified as Intermediate.
3. All bouts will be contested over 3 x 3 minute rounds.
4. Ex professional and non-British boxers must have held an ME3 for one calendar year from the date of their first medical on return, before being eligible to enter.

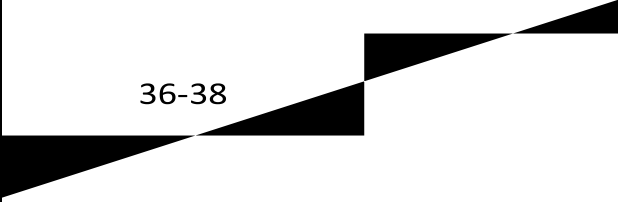
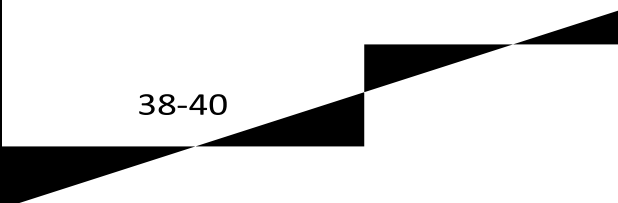
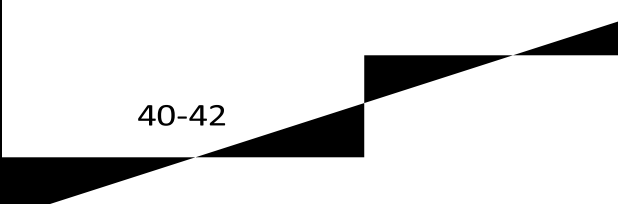
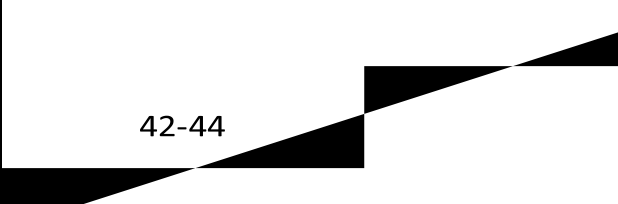
ALLIANCE SENIOR FEMALE CHAMPIONSHIPS

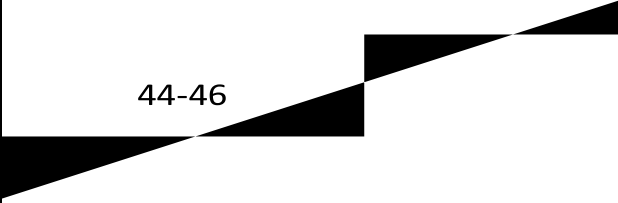
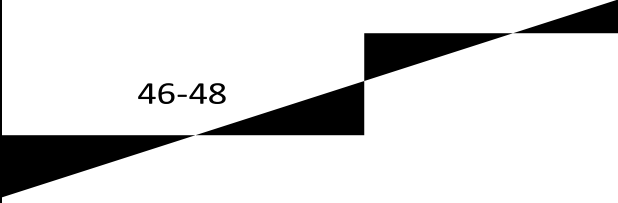
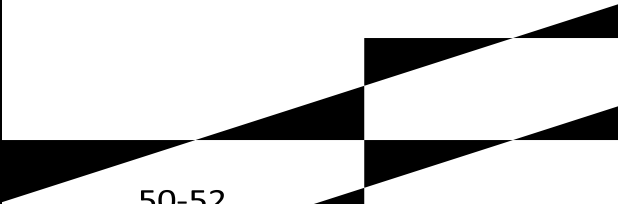
1. **Class C** (0 - 5 Bouts on entry) Is for Boxers whose 19th birthday occurs in the calendar year of the championships or is already 19 years of age or older and contested over 3 x 2 minutes rounds.
2. **Class B** (6 to 10 bouts on entry, to include 2 **ALLIANCE** bouts) Is for Boxers whose 19th birthday occurs in the calendar year of the championships or is already 19 years of age or older and contested over 3 x 2 minutes rounds.
3. **Class A** (Over 10 bouts on entry, to include 2 **ALLIANCE** bouts) Is for Boxers whose 19th birthday occurs in the calendar year of the championships or is already 19 years of age or older and contested over 4 x 2 minutes rounds.

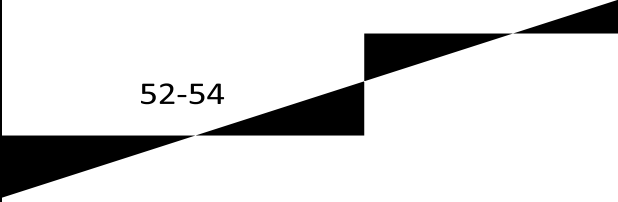

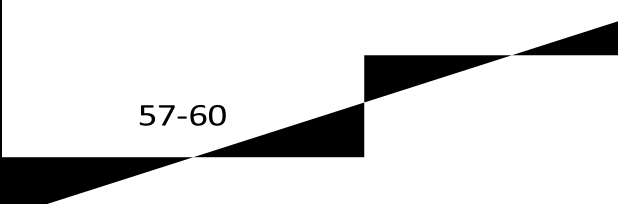
CHAMPIONSHIPS, WEIGHT CATEGORIES

ALLIANCE Male Schools

| <div>Minors/Class</div> <div>(3 x 1.5 min Rounds)</div> | <div>Class 2 (3 x 1.5 min Rounds)</div> |
|---|---|
| <div>KG</div> | <div>KG</div> |
| <div>28-30</div> | <div>32-34</div> |
| <div>30-32</div> | <div>34-36</div> |




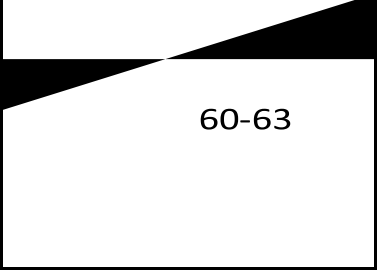

| | |
|-------|--|
| 32-34 |  |
| 34-36 |  |
| 36-38 |  |
| 38-40 |  |

| | |
|-------|---|
| 40-42 |  44-46 |
| 42-44 |  46-48 |
| 44-46 | 48-50 |
| 46-48 |  50-52 |

| | |
|-------|--|
| 48-50 |  |
| 50-52 |  |
| 52-54 |  |
| 54-57 | 60-63 |
| 57-60 | 63-66 |

ALLIANCE Male Junior

| Class A (3 x 2 Min P | Class B (3 x 2 Min Rounds) |
|-------------------------|----------------------------------|
| KG | KG |
| 44-46 | 46-48 |
| 46-48 | 48-50 |
| 48-50 | 50-52 |

| | |
|-------|---|
| 50-52 |  52-54 |
| 52-54 |  54-57 |
| 54-57 |  57-60 |
| 57-60 |  60-63 |
| 60-63 |  63-66 |

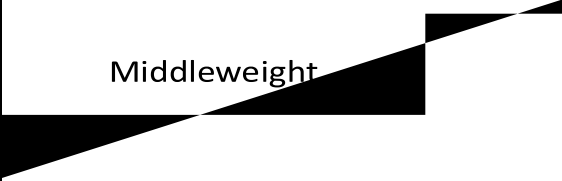
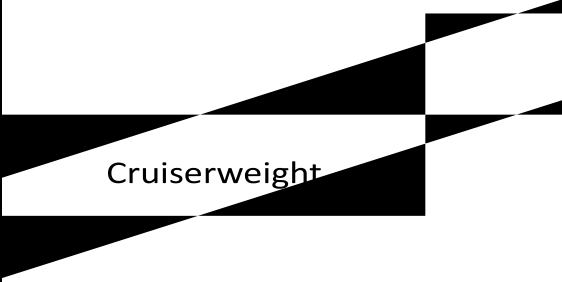
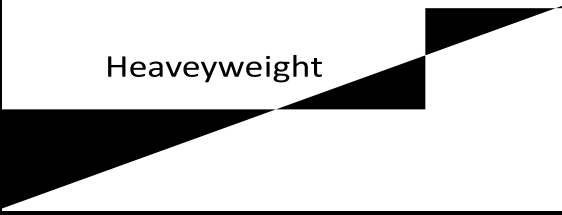
| | |
|-------|-------|
| 63-66 | 66-70 |
| 66-70 | 70-75 |
| 70-75 | 75-80 |
| 75-80 | 80-85 |
| 80-85 | 85-91 |

ALLIANCE

| | |
|-------------|--|
| Male Senior | |
|-------------|--|

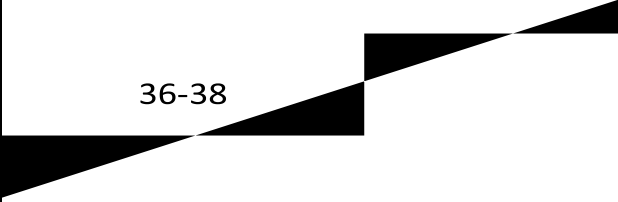
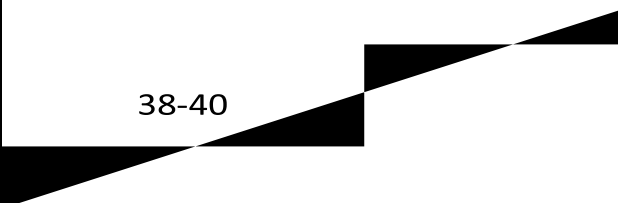
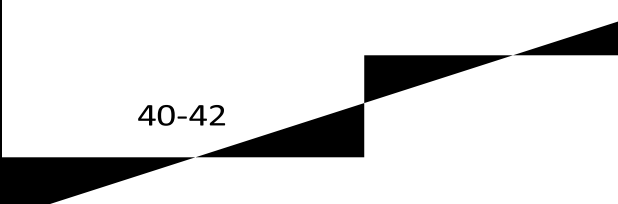
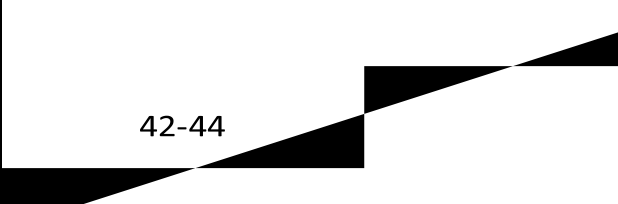
| | |
|------------------|----------------------------|
| <div>45-48</div> | <div>Light Flyweight</div> |
| <div>48-51</div> | <div>Flyweight</div> |
| <div>51-54</div> | <div>Bantamweight</div> |
| <div>54-57</div> | <div>Featherweight</div> |

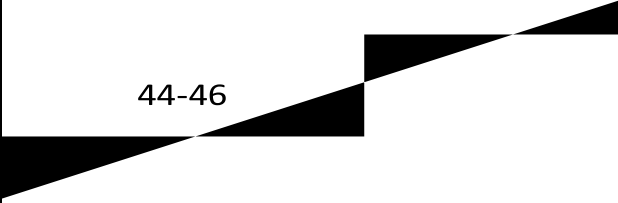
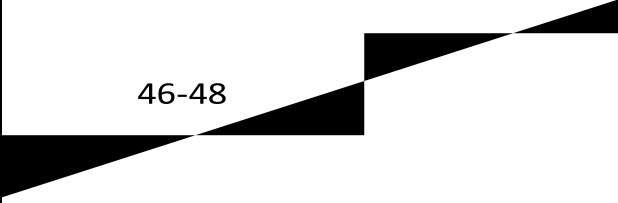
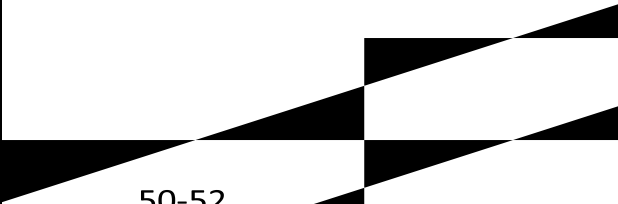
| | |
|---------|--------------------|
| 57-60 | Lightweight |
| 60-63.5 | Light Welterweight |
| 63.5-67 | Welterweight |
| 67-71 | Light Middleweight |

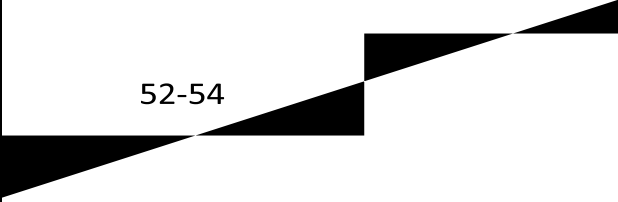
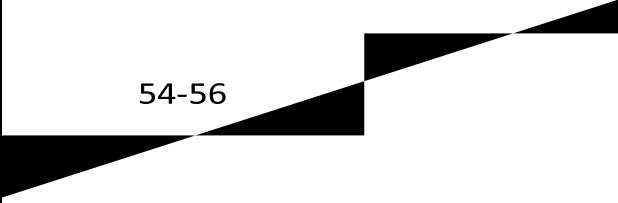
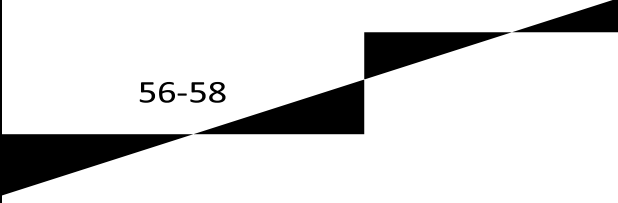
| | |
|-------|--|
| 71-75 |  Middleweight |
| 75-81 | Light Heaveyweight |
| 81-86 |  Cruiserweight |
| 86-91 |  Heaveyweight |
| 91+ | Super Heaveyweight |

ALLIANCE Female Schools

| Class 1 (3 x 1.5 min Rounds) | Class 2 (3 x 1.5 min Rounds) |
|---------------------------------|------------------------------|
| KG | KG |
| 28-30 | 32-34 |
| 30-32 | 34-36 |

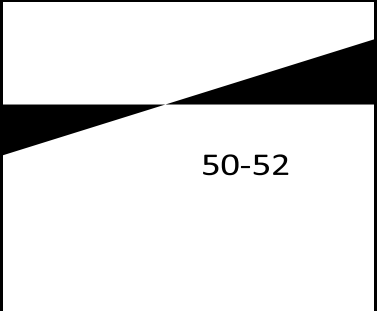
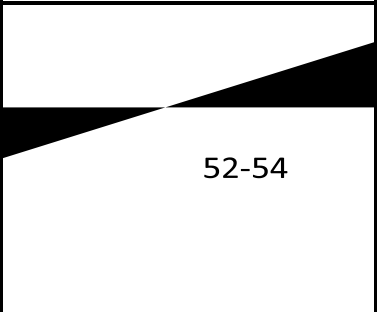

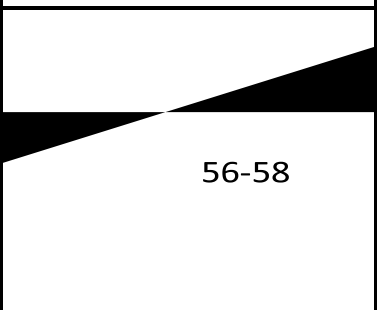

| | |
|-------|--|
| 32-34 |  |
| 34-36 |  |
| 36-38 |  |
| 38-40 |  |

| | |
|-------|--|
| 40-42 |  |
| 42-44 |  |
| 44-46 | 48-50 |
| 46-48 |  |

| | |
|-------|--|
| 48-50 |  |
| 50-52 |  |
| 52-54 |  |
| 54-56 | 58-60 |
| 56-58 | 60-63 |

ALLIANCE Female Junior

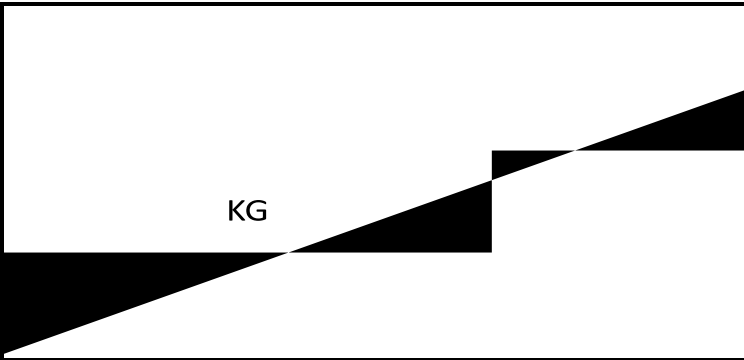
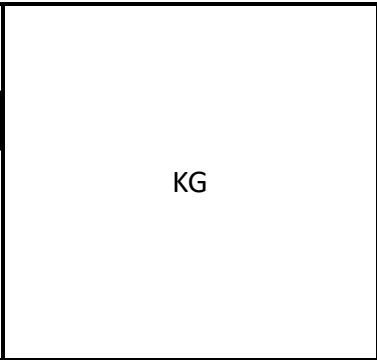
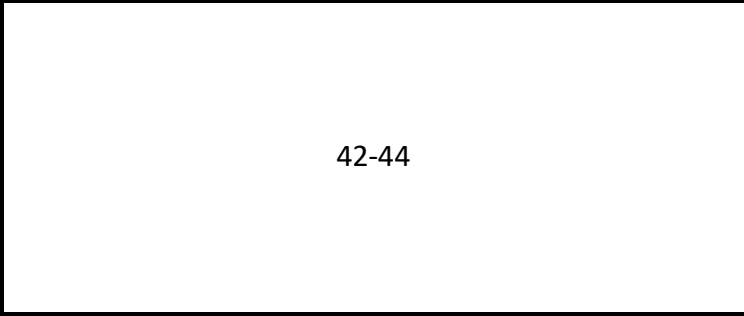
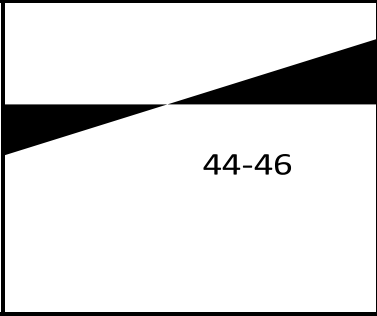
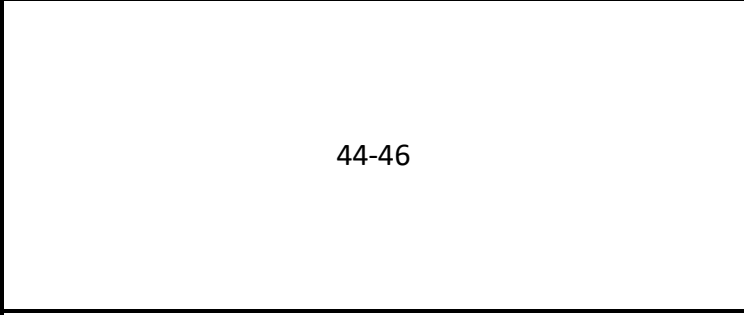
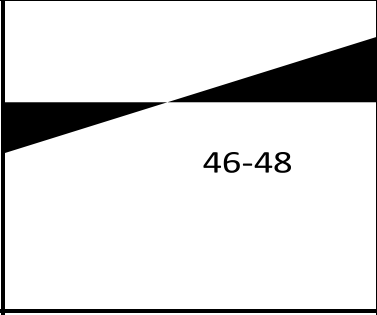
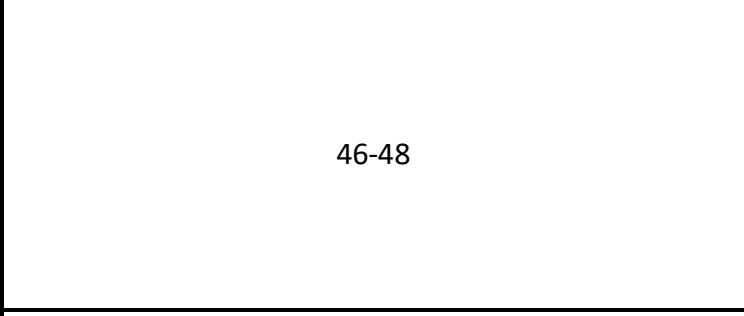
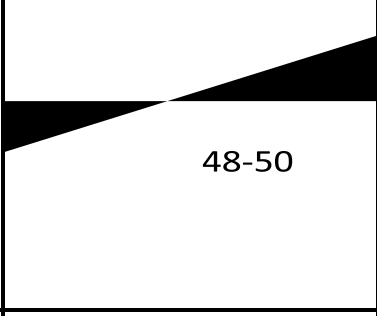
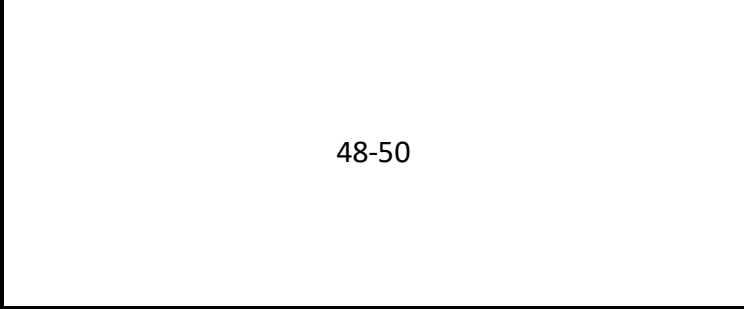
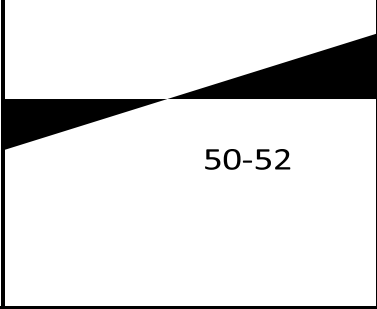
| Class A (3 x 2 Min P | Class B (3 x 2 Min Rounds) |
|-------------------------|----------------------------------|
| KG | KG |
| 44-46 | 44-46 |
| 46-48 | 46-48 |
| 48-50 | 48-50 |




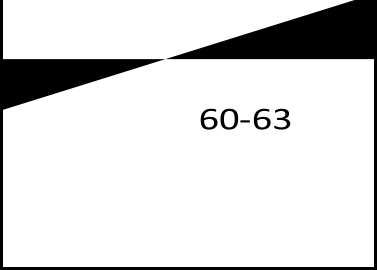

| | |
|-------|---|
| 50-52 |  50-52 |
| 52-54 |  52-54 |
| 54-56 |  54-56 |
| 56-58 |  56-58 |
| 58-60 |  58-60 |

| | |
|-------|-------|
| 60-63 | 60-63 |
| 63-66 | 63-66 |
| 66-69 | 66-69 |
| 69-72 | 69-72 |
| 72-75 | 72-75 |

ALLIANCE Male Junior Novice

| | |
|--|--|
| <p>Class A (3 x 2 Min P)</p> | <p>Class B (3 x 2 Min Rounds)</p> |
|--|--|

| | |
|---|--|
|  <p>KG</p> |  <p>KG</p> |
|  <p>42-44</p> |  <p>44-46</p> |
|  <p>44-46</p> |  <p>46-48</p> |
|  <p>46-48</p> |  <p>48-50</p> |
|  <p>48-50</p> |  <p>50-52</p> |

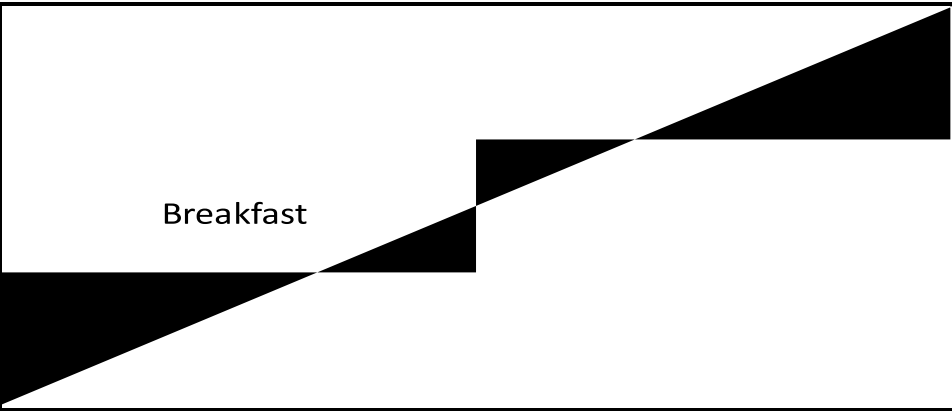
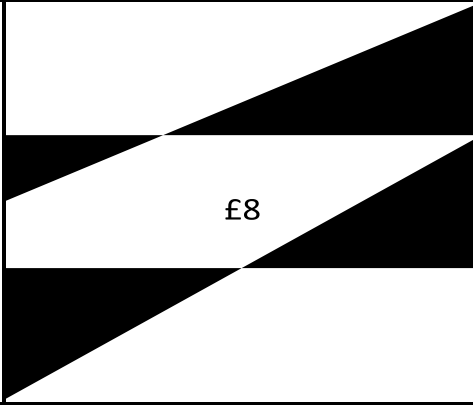
| | |
|-------|---|
| 50-52 |  52-54 |
| 52-54 |  54-57 |
| 54-57 |  57-60 |
| 57-60 |  60-63 |
| 60-63 |  63-66 |

| | |
|-------|-------|
| 63-66 | 66-70 |
| 66-70 | 70-75 |
| 70-75 | 75-80 |
| 75-80 | 80-85 |

ALLIANCE Schedule Of Expenses Mileage & Subsistence Rates

| Car Engine Size | Rate Per Mile |
|-----------------|---------------|
|-----------------|---------------|

| Under 1000 | 0.30 |
|--------------|----------------|
| 1001 - 2000 | 0.35 |
| Over 2000 | 0.40 |
| Expense Type | Rate |
| Rail | Standard Class |
| Meals | |

| | |
|---|--|
|  <p>Breakfast</p> | <p>£6</p> |
| <p>Lunch</p> |  <p>£8</p> |
| <p>Dinner</p> | <p>£15</p> |

QR Codes : FORMS

BBW

Boxer's Braces Waiver Form



FMIF

Female Medical Indemnity Form



ME1

Initial Medical Examination Form



BPD

Boxer's Previous Experience
Declaration Form



BT

Boxer Transfer Form





**Amateur Boxing Alliance (England) CIC, Giraffe
House, 285 Albany RD London**