



Amateur Boxing Alliance (England) CIC  
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23/09/2020

Dear All

With reference to Prime Minister's announcement yesterday (Tuesday 22<sup>nd</sup> September 2020), limits on the number of people you can see SOCIALLY have changed and are now limited to a maximum of 6 people - however, there are exceptions where groups can be larger than 6 people!

These include - as long as clubs who are registered with the Amateur Boxing Alliance (England) CIC for the current season 20/21, follow the Covid-19 Safety measures and guidelines set out by the Alliance (on our website and sent to all clubs), they can carry on with their activities in training Amateur Boxing.

I am very aware of the benefits Competitive Amateur Boxing can have on the mental and physical wellbeing of people but since COMPETITIVE BOXING is a combat sport, contact between person to person is unavoidable and this could potentially pass the virus from person to person.

Therefore, clubs wishing to carry on with their activities during this pandemic must adhere to all guidelines set out by us and comply with their Risk assessment documents; NO SPARRING, No PADWORK or PARTNER ASSISTED EXERCISES. Please note that not adhering to government rules and our guidelines could potentially affect your insurance cover.

There are a number of boxing activities that can be undertaken to run a boxing session which whilst keeps the members fit and healthy but still help to prevent the spread of Coronavirus.

Please make sure you keep to social distancing in your gyms (2 meters apart), do not allow groups to congregate outside the gym, before or after training. You must also make sure that you keep a concise record of everyone attending your clubs for track and Tracing purposes (this is a legal requirement).

Please stay safe and I hope we will be able to return to competitive boxing soon.

[www.allianceboxing.co.uk](http://www.allianceboxing.co.uk)