



## The Amateur Boxing Alliance (England) CIC

### Updated Guidance on the easing of the Lockdown: 01/06/2020

#### To all our members and Clubs

The government recently announced its further steps on the easing of the lockdown measures. One of the steps being that, it is now permitted to exercise in the open air, in groups of up to 6 people whilst maintaining social distancing and sanitisation measures.

#### Amateur Boxing Alliance (England) CIC

All of our Amateur Gyms are still to remain closed to the public and we urge EVERYONE to comply with the social distancing and sanitisation measures as set out by the Government. Our priority is the safety and well being of ALL of our members and therefore we DO NOT and cannot encourage our club coaches to operate outside of our gyms at this point in time.

#### Rationale

- 1, It is not best practise to permit an individual to arrange meetings with minor/junior aged males and females at undisclosed locations.
- 2, The training can only be, very limited to fitness or boxing drills due to the enforcement of Social distancing and sanitisation which can be done individually, at home and by use of various social medias.
- 3, No insurance company will cover any Covid 19 related issues and therefore, coaches will be putting themselves at great risk should a case be brought against him/her.
- 4, Meeting in outside public areas puts our members at risk to other members of the public who may refuse to social distance or even spectate forming a much larger group than the permitted 6. Not to mention that all public toilets and amenities are closed.

**Therefore: The Amateur Boxing Alliance Management Committee feel that at this point in time, The RISKS massively outweighs the benefits and cannot encourage club coaches to operate outside the Amateur gyms. The Sport of Amateur Boxing will wait for us all, so please, keep everyone safe!**

#### However:

The Amateur Boxing Alliance (England) CIC understands that we are ALL yearning to get back to boxing and that time will come soon enough but we cannot enforce something opposite to what is stated by the Government and so, for those who can ensure to minimise the risks, we have interpreted for clarification of the guidelines to mean the following;

1, Padwork, Paddle work, sparring, partner work is NOT permitted (unless it is between members of the same household).

2, Individuals can NOT share any equipment/Clothing such as Gloves, wraps, water bottles, skipping ropes, weights, headguards, Towels.

3, Any personal contact is NOT permitted and individuals must remain at least 2 metres apart (unless it is between members of the same household). Please bear in mind that shouting or forcing air from the lungs can launch particles from the mouth as far as 6 metres!

4, All provided equipment must be deeply sanitised by the coach before any other individual is permitted to touch it.

If you need further clarification or have any general queries relating to this issues then please contact your Regional Secretary. In the meantime, please continue to follow Government Guidance.

**GOVERNMENT GUIDANCE:**

The Government regularly issues updated guidance on their internet site: Please click here.

<https://www.gov.uk/coronavirus>

Specific information and guidance with regards to sporting activity can be found here:

<https://www.gov.uk/government/publications/coronavirus-covid-19-guidance-on-phased-return-of-sport-and-recreation>

Best wishes to all and please stay safe

**The Amateur Boxing Alliance Management Committee**