



Dear All

Amateur Boxing Alliance (England) is providing the following update in accordance with Government's announcement (9th July) that Gyms and Indoor sports facilities can reopen from Saturday 25th July - further guidance and updates will be available soon.

The government is advising that close contact sports not to resume yet due to the increased risks of transmission of Covid-19, because of the proximity of participants and contact between them.

The safety of our members is our priority and our instruction is that you can return to boxing training from 25th July but you must not do **pad work, sparring or any other partner assisted exercises** until advised otherwise by the Alliance.

Clubs must read the government advice / guidelines on Covid 19 safety fully and see how it specifically affects them.

Please see link below:

<https://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19/providers-of-grassroots-sport-and-gym-leisure-facilities>

Key points to consider:

From Saturday 25th July indoor gyms/ boxing clubs are allowed to reopen, provided they follow government guidelines. Please note, clubs should be aware of local restrictions as these may differ from national guidance.

A deep clean of the gym must be carried out before reopening, as well as during and after each class and individual use of any equipment.

All clubs should encourage their members to arrive in sports kit and where possible to travel home to change/shower. "Use of changing rooms and showering facilities should, in general, be avoided where possible, although these must be available for participants with disabilities or special needs."

There is also a recommendation to "keep voices down", which could have an impact on boxing training sessions – all clubs should ensure that steps are taken to avoid people needing to unduly raise their voices to each other - ideally refraining from playing music or broadcasts that may encourage shouting. "This is because of the potential for increased risk of transmission, particularly from aerosol and droplet transmission."

All clubs are also expected to collect personal details of each member attending, such as name, address, telephone numbers plus date and times of entry and exit, to potentially help with tracing if there is a Covid-19 outbreak linked to the club.

Measures should be taken to cover limiting the number of people using your club at any one time, i.e. reducing class sizes. Using back-to-back or side-to-side working (rather than face-to-face) whenever possible.

Social distancing of one metre+ does not apply to clubs because of the extra risk of transmission presented by the physical exertion of training. Current maximum occupancy guidance for each gym is that it should be limited by providing a minimum of 100sqft per person - we will enquire whether this applies to boxing clubs but a minimum of 2 meters between participants is recommended.

Where possible, shared drinking fountains should be turned off or only be permitted for re-filling water bottles. Toilets should only be used on a one in, one out system. Hand sanitiser should be provided and toilet facilities cleaned down after each use.

Further advice and guidance will be available in due course - a Risk Assessment template will also be available soon but each club will have to carry out their own Risk Assessment for their own club. Please contact your Regional Secretary for further information or advice.

On behalf of Amateur Boxing Alliance